

U16 & U18

NATIONALS

17 - 21 DECEMBER 2023



TK

SPARCO

Taylor

Nolands

Belgotex Sport

Tayla

POP UP STORES

14TH - 21ST DECEMBER- UCT

15TH - 19TH DECEMBER- WYNBERG MILITARY BASE

TAYLA

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NEW STOCK AND DESIGNS
+ NKOSI CUP
SUPPORTERS RANGE!

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WELCOME



Welcome to all our participants and parents to the 17th PSi Nationals 2023.

It has been an action-packed year which began with an incredible overseas tour with the U16 & U18 All Stars teams travelling to Europe, followed by the FIH Indoor World Cup in Pretoria. Since the World Cup, Leagues and franchises have grown significantly across the country. This has shown with a significant increase in teams participating in this year's PSi Nationals. We now have 249 teams competing over 8 days with 1100 matches played across 14 venues in the Western Cape!

Indoor Hockey is on the rise! We are excited to be hosting the inaugural Kathea Energy Nkosi Cup played in conjunction with U13, U14, U16 & U18 PSi Nationals. This will give the PSi participants the opportunity of watching their favourite national indoor players live in action competing against other countries. Our goal is to make the Nkosi Cup a premier international tournament that takes Indoor to new heights globally. A massive thank you to Kathea Energy for making the event possible and we look forward to an exciting journey ahead.

As PSi we have made an incredible impact on Indoor Hockey in South Africa and this is a testament to the success of our SA Men's and Women's team at the recent Indoor World Cup. We are proud to say that 95% of the National players have come through the PSi system. Since the World Cup our SA Women are now ranked 6th and our Men's 7th on the FIH Indoor world rankings. PSi has also had a major impact on Indoor Hockey in Namibia who also performed exceptionally well at the Indoor World Cup.

A massive thank you to our loyal sponsors Nolands, Spar, Belgotex Sports, TK and Tayla Sportswear for their continued support. A special thank you to all the 14 venues who are hosting the event and for allowing us to play at your facilities.

Thank you to all the umpires, coaches, managers, technical staff and PSi staff for your continued enthusiasm and making PSi events as exciting and memorable as they are. You all play a big part in making PSi what it is today. Your dedication to our sport is appreciated and it is amazing to share the same love and passion for the game. We hope that all participants have an amazing event in the mother city.

Nothing beats Indoor!!!

Yours in sport,
Simon Martin
PSi Founder and Managing Director

DAILY SCHEDULE



U16 & U18 PSi Nationals 2023

Opening day: Sunday 17 December

- 11h00 Sleep IN flight travellers are collected from Cape Town International Airport & transported to the various hotels
- 12h00 Sleep IN travellers check into the hotels
- 13h00 Opening day activities begin at the Garden Court
- 19h00 Opening activities day ends
- 22h00 Lights Out

DAY 1: Monday 18 December

- 06h00 Wake up
- 06h05 Breakfast served at the Hotels for all Sleep IN participants
- 06h30 First busses leave from the Hotels to the various venues
- 07h30 First matches begin at the various venues
- 15h00 Nambian U16 Sleep IN teams are transported to the Wynberg Military Base for dinner and to watch the Nkosi Cup
- 18h00 All U16 Sleep IN participants are transported to the Wynberg Military Base for dinner and to watch the Nkosi Cup
- 18h45 Final matches end
- 18h50 The final U18 Sleep IN participants are transported back to the various hotels
- 19h00 All U16's watch and support the Nkosi Cup at the Wynberg Military Base
- 21h30 Nkosi Cup end and all U13 Sleep IN participants are transported back to the various hotels
- 22h30 Lights Out

DAY 2: Tuesday 19 December

- 06h00 Wake up
- 06h05 Breakfast served at the Hotels for all Sleep IN participants
- 06h30 First busses leave from the Hotels to the various venues
- 07h30 First matches begin at the various venues
- 15h00 Nambian U18 Sleep IN teams are transported to the Wynberg Military Base for dinner and to watch the Nkosi Cup
- 18h00 All U18 Sleep IN participants are transported to the Wynberg Military Base for dinner and to watch the Nkosi Cup
- 18h45 Final matches end
- 18h50 The final U16 Sleep IN participants are transported back to the various hotels
- 19h00 All U18's watch and support the Nkosi Cup at the Wynberg Military Base
- 21h30 Nkosi Cup end and all U18 Sleep IN participants are transported back to the various hotels
- 22h30 Lights Out

DAILY SCHEDULE



DAY 3: Wednesday 20 December

- 06h00 Wake up
- 06h05 Breakfast served at the Hotels for all Sleep IN participants
- 06h30 First busses leave from the Hotels to the various venues
- 07h30 First matches begin at the various venues
- 18h30 Europe tour kit hand out for the 2023 All Star Teams at the Garden Court Lilliebloem Room
- 18h55 Final matches end
- 19h00 The final Sleep IN participants are transported back to the various hotels
- 21h00 PSI Party for all participants at the Garden Court Lilliebloem Room with DJ Kurt April
- 00h00 Party ends and lights out

DAY 4: Thursday 21 December

- 06h00 Wake up
- 06h05 Breakfast served at the Hotels for all Sleep IN participants
- 06h30 First busses leave from the Hotels to the various venues
- 08h00 First medal matches begin for U16's at UCT and for U18's at the Wynberg Military Base
- 13h00 All medal matches end
- 13h15 Prize Giving begins at UCT for U16's & Wynberg Military Base for U18's
- 13h45 Prize Giving ends
- 13h50 Sleep IN participants are transported to the Cape Town International Airport



KATHEA
ENERGY

NKOSI CUP

15TH - 19TH DEC 2023

CAPE TOWN

WYNBERG MILITARY BASE STADIUM

MEN'S & WOMEN'S INTERNATIONAL INDOOR TOURNAMENT



SOUTH AFRICA



NAMIBIA



IRELAND



USA






KATHEA ENERGY NKOSI CUP

FIXTURES

Friday 15th Dec

18h45	Namibia 	vs		United States	MEN
20h00	Ireland 	vs		South Africa	WOMEN

Saturday 16th Dec

12h00	Namibia 	vs		Ireland	WOMEN
13h15	Namibia 	vs		South Africa	MEN
18h45	South Africa 	vs		Namibia	WOMEN
20h00	United States 	vs		South Africa	MEN

Sunday 17th Dec

15h00	Namibia 	vs		South Africa	MEN
18h30	Ireland 	vs		South Africa	WOMEN
19h45	Namibia 	vs		United States	MEN

Monday 18th Dec

11h00	Namibia 	vs		Ireland	WOMEN
18h45	South Africa 	vs		Namibia	WOMEN
20h00	South Africa 	vs		United States	MEN

Tuesday 19th Dec

18h45	Women's Final
20h00	Men's Final
21h00	PRIZE GIVING

15TH - 19TH DEC 2023

WYNBERG MILITARY BASE STADIUM



KATHEA
ENERGY

NKOSI CUP



GET YOUR TICKETS NOW



BUY YOUR TICKETS ON THE SA HOCKEY FAN APP



GET IT ON
Google Play

Download on the
App Store

OR VIA THE PSI WEBSITE
UNDER THE NKOSI CUP TAB

GENERAL INFORMATION



Follow the tournament on our social media platforms and our website- psihockey.co.za (click on the Nationals tab)



Pro Series Indoor



[proseriesindoor](https://www.instagram.com/proseriesindoor)

Photography

We love a good ol' action shot! Browse till your hearts content. All our photographs from our tournaments will now be archived on our photography page. Head over to psihockey.co.za to find the link! Don't forget to tag us and your franchise when posting. #WeLoveBoards!

Video highlights and live streaming

There will be daily highlight videos posted on our social media platforms.

Fixtures and results

All fixtures and results are updated online on our website- psihockey.co.za under the Nationals 2023 tab.

Prize giving

All U16 age group sections will be hosted at UCT Court 1 at 13h00 on Thursday 21st December

All U18 age group sections will be hosted at Wynberg Military Base at 13h00 on Thursday 21st December

Food and Beverage

Each venue will have a tuckshop that will sell food, coffee, and refreshments.



FIH
INDOOR
HOCKEY WORLD CUP
SOUTH AFRICA 2023



FIH INDOOR HOCKEY WORLD CUP SOUTH AFRICA 2023

LIMITED EDITION EVENT COFFEE BOOK

Available at the Tayla Store during PSi & Nkosi Cup!

Relive the magic, get yours today!

With daily recaps, stats,
articles, team lists and 100's
of photos from the event



Follow the link to order your copy
forms.gle/TeVkwWEfvitZ7m1u6



PASSION & DETERMINATION

At Nolands we understand that scores don't just arrive on the board, and that one person doesn't win a match. We know that if you're going to succeed, you need a team that gives their all – **their commitment, their passion, their loyalty, and determination** to stay on top of their game. At Nolands we understand this, because for us, in the world of business, it's exactly the same.

Proud sponsors of PSi Hockey since 2008

Nolands
AUDIT • ADVISORY • LAW

ACKNOWLEDGEMENTS

Spar
TK Hockey
Nolands
Tayla Sportswear
Belgotex Sport
ES Media
PSi parents and players
Umpires and Coaches
Garden Court Nelson Mandela
Boulevard
SunSquare
Hotel Sky

College of Cape Town
DF Malan High School
Fairmont High School
Fish Hoek High School
Herschel Girls School
La Rochelle Girls School
Pinelands High School
Reddam House Constantia (Tokai)
The Settlers High School
Somerset College
St Cyprians Girls School
Sunningdale Sports Complex
UCT Sports Centre
Wynberg Military Base

CONTACTS

Tournament Director
Transport
Kit Supplier
Medical
Umpires Manager
Photographer

Andy Stofberg
HG Travel - Enrico
Tayla Sportswear
Wetton Medical Services
AB Groener
Fanus Schoeman

082 823 3748
084 804 4661
021 510 0809
082 579 4815
078 566 8924
071 165 8891



TOURNAMENT RULES



PSi strictly adheres to the FIH indoor rules for all PSi Events

Playing up & down

- No player may play up or down without permission
- Teams will be deducted match points if found guilty and the opposition will receive full points (5 points)
- Permission to play up or down can only be granted by the
- Tournament Director
- Only special cases will apply

Cards

- 3 Yellow cards = 1 game suspension
- 1 Red card = minimum 1 game suspension
- Once the player has been sent off they must sit at the tech table, they are not allowed to sit with the team – (they may join the team at half time only)
- The umpire/tech table can immediately award a penalty corner if found guilty
- If a player receives 3 yellow cards or 1 red card an immediate disciplinary hearing will take place.
- The Tournament Director or authorized PSi staff member will hear both parties and make the final decision.

Swearing

If a player is found guilty the umpire can penalize the player with an automatic yellow card

Time Allocations & Start of games

- Games will start on time as per fixtures.
- Matches will consist of 2 halves of 15 to 20 minutes each way with a 2 minute half time break.
- There will be a 3 to 7 minute break between matches.
- Time will be kept by the tech table.
- Time will not be stopped at any time during the match, unless there is a severe medical emergency.
- If a 2nd ball goes on a court during a match and if influences play, the game will be stopped and will restart with a bully.
- The whistle will be blown from the tech table on time to start the game regardless if teams are on the court
- If only one team is ready and the whistle has been blown they may play freely towards the goals AFTER waiting for a period of 30 seconds
- All FIH indoor rules will apply
- Goalkeeper substitutions – Goalkeepers need to be substituted within 3 metres of the centre line.

TOURNAMENT RULES



Blood Bin

-In the case of a blood injury, players must get off the court immediately and seek medical attention.

Drinks

-Players may not drink on the court at any stage (this includes halftime)

-The umpire/ tech table has the right to award a penalty corner should a team be found guilty

Warm up

-Teams must please warm up outside the hall before games.

-Please note that there is limited time between matches so coaches must make sure captains toss prior to the start of the game.

Advancing to play-offs

-Should teams end on the same points after preliminary matches are completed, goal difference will apply to determine who progresses.

-If goal difference is a tie, then it goes to goals for.

-If goals for is the same, then the result against each other will apply.

Playoff matches ending in a draw

-No golden goal policy will apply

-Show downs will replace penalty flicks if games end in a draw.

-Each team will nominate 3 players to take a 1v 1 "7 second" attack

Long Corner

-A long corner will be taken on the half way line and in line with where the ball went out on the base line.

POINT SYSTEM

4 Points for a win

2 Points for a draw

1 Point for losing by 1 goal

1 Point for scoring 5 goals or more in a game

A maximum of 5 points can be achieved per game

END THE FEAR

You are not alone in the fight against GBV - there is help available 24 hours a day, 7 days a week. GBV can take many forms including physical, sexual and psychological abuse. If you are a victim or if you see someone being abused, please scan the QR code below or make a FREE call to 0800 150 150 and together we can **END** Gender Based Violence in our communities.



**Physical
Abuse**



**Sexual
Abuse**



**Psychological
Abuse**



Call or WhatsApp
0800 150 150
for help 24/7
www.spar.co.za/gbv

GENDER BASED VIOLENCE



SPECIAL CONDITIONS

Tournament behaviour off the court

A player will be suspended from ALL matches based on the following criteria:

- Use of alcohol, drugs & cigarettes
- Caught stealing
- Use of fire crackers
- Fighting with opposition teams
- Three daily warnings for misbehaviour at the accomodation

A player will be suspended from 1 game based on the following daily criteria:

- Making a noise after lights out
 - Playing loud music
 - Back chatting the hotel manager or PSI staff
 - Lights on after lights out without a valid reason
 - General misbehaving in the hotel
- The above conditions are non negotiable. This is a simple and fair solution which is monitored by the Event Co Ordinator.
- All matters are reported back to the Event Co Ordinator and your tour manager.
- In severe cases you will be sent back home at your parents expense.

Indemnity

Due to the nature of the sport, PSI or any of their staff members are not responsible for any losses, damage or injury of any participant caused during the duration of the tournament.



For

the years of practice and 4am training sessions. For your total dedication and sacrifice. For pushing through the pain, again and again. For falling, getting up and pushing yourself to breaking point. For believing in yourself. For your relentless drive to beat your best. For pushing yourself to breaking point and always going all-in. For giving up everything, for that one thing

the Win.

TOURNAMENT FORMATS



U16 GIRLS CUP SECTION (12 TEAMS – 2 POOLS OF 6)

POOL 1

PANTHERS (DURBAN)
VIPERS GREEN (PE)
SEALS (CAPE)
FOXES (BOLAND)
TITANS CHAMPS (TSHWANE)
HAWKS B (NAMIBIA)

POOL 2

LIONS BLACK (WEST RAND)
GRYPHONS A (GAUTENG)
KNIGHTS RED (NORTHERN)
MAMBAS BLACK (MPUMALANGA)
SABLES A (SOUTHERN CAPE)
HAWKS A (NAMIBIA)

PLAYING VENUES:

DAY 1 – ST CYPRIANS GIRLS SCHOOL
DAY 2 – LA ROCHELLE GIRLS SCHOOL
DAY 3 – HERSCHEL GIRLS SCHOOL
DAY 4 – PRIZE GIVING AT UCT

Round robin in each Pool plays 5 games.

At the end of the Pool round robin:

Bottom 2 from each Pool

These teams will play a further 2 matches to determine positions 9th to 12th.

Top 4 from each Pool

Will progress to Quarter Finals.

Winners of Quarter finals will progress to Semi's and Finals.

Losers of Quarter finals will have two playoff matches to determine positions 5th to 8th

Losers of the Semi's will play the 3rd vs 4th (bronze) playoff

Winners of the Semi's will play the 1st vs 2nd (gold / silver) playoff

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U16 GIRLS SHIELD SECTION (16 TEAMS – 2 POOLS OF 8)

POOL 1

SEAL PUPS (CAPE)
SCORPIONS (BOLAND)
SABLES B (SOUTHERN CAPE)
EAGLES (NAMIBIA)
TIGERS (DURBAN)
MAMBAS GREEN (MPUMALANGA)
GRYPHONS B (GAUTENG)
BEARS (BLOEMFONTEIN)

POOL 2

SHARKS (CAPE)
FOXES CUBS (BOLAND)
KNIGHTS BLACK (NORTHERN)
FLAMES (ZIMBABWE)
TITANS BEASTS (TSHWANE)
QUAGGAS (EAST RAND)
MAMBAS YELLOW (MPUMALANGA)
GIANTS (JHB)

PLAYING VENUES:

DAY 1 – SOMERSET COLLEGE REDDAM TOKAI

DAY 2 – REDDAM TOKAI DF MALAN SCHOOL

DAY 3 – DF MALAN SCHOOL SETTLERS HIGH SCHOOL

DAY 4 – PRIZE GIVING AT UCT

This will be a straight round robin with each team playing 7 games.

Semi final1 : 1st Pool 1 vs 2nd Pool 2

Semi final2 : 1st Pool 2 vs 2nd Pool 1

Cross pool 8th vs 8th, 7th vs 7th, 6th vs 6th, 5th vs 5th, 4th vs 4th, 3rd vs 3rd for final position placings

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U16 GIRLS PLATE SECTION (7 TEAMS)

SUNBIRDS (CAPE)

NORTHERNS UNITED (PRETORIA)

RHINOS (NELSPRUIT)

FIRE (LANGA)

TITANS WARRIORS (TSHWANE)

MAMBAS WHITE (MPUMALANGA)

LEOPARDS (LIMPOPO)

PLAYING VENUES:

DAY 1 – DF MALAN SCHOOL

DAY 2 – SOMERSET COLLEGE

DAY 3 – REDDAM TOKAI

DAY 4 – PRIZE GIVING AT UCT

A Round robin of 6 games per team

Top 4 will progress to Semi Finals

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Bottom 3 will play a further 2 matches to determine final placings

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U16 BOYS CUP SECTION (16 TEAMS – 2 POOLS OF 8)

POOL 1

FOXES (BOLAND)
QUAGGAS (EAST RAND)
TITANS CHAMPS (TSHWANE)
MAMBAS BLACK (MPUMALANGA)
PANTHERS (DURBAN)
HAWKS B (NAMIBIA)
VIPERS (PE)
Titans Joes (TSHWANE)

POOL 2

SEALS (CAPE)
HAWKS A (NAMIBIA)
TITANS BEASTS (TSHWANE)
GRYPHONS (GAUTENG)
KNIGHTS RED (NORTHERN)
SABLES A (SOUTHERN CAPE)
LIONS BLACK (WEST RAND)
MAMBAS GREEN (MPUMALANGA)

PLAYING VENUES:

POOL 1

DAY 1 – FISH HOEK HIGH SCHOOL
DAY 2 – SUNNINGDALE SPORTS COMPLEX
DAY 3 – UCT – COURT 1
DAY 4 – PRIZE GIVING AT UCT

POOL 2

UCT – COURT 1
FISH HOEK HIGH SCHOOL
UCT – COURT 2

This will be a straight round robin with each team playing 7 games.

Semi final1 : 1st Pool 1 vs 2nd Pool 2

Semi final2 : 1st Pool 2 vs 2nd Pool 1

Cross pool Playoffs: 8th vs 8th , 7th vs 7th , 6th vs 6th , 5th vs 5th , 4th vs 4th , 3rd vs 3rd for final position placings

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U16 BOYS SHIELD SECTION (10 TEAMS)

SHARKS (CAPE)

FOXES CUBS (BOLAND)

SABLES B (SOUTHERN CAPE)

TITANS WARRIORS (TSHWANE)

KNIGHTS BLACK (NORTHERN)

SEAL PUPS (CAPE)

SCORPIONS (BOLAND)

TITANS JOES (TSHWANE)

MAMBAS YELLOW (MPUMALANGA)

OAKS (KHAYELITSHA)

PLAYING VENUES:

DAY 1 – COLLEGE OF CAPE TOWN

DAY 2 – UCT – COURT 1

DAY 3 – SUNNINGDALE SPORTS COMPLEX

DAY 4 – PRIZE GIVING AT UCT

Each team will play 9 games in a straight round robin

3rd & 4th in the pool will play for Bronze

1st & 2nd in the pool will play for Gold /Silver

Matches will be 20 minutes each half, 2 minute half time and 2 minute change over between games

U16 BOYS PLATE SECTION (10 TEAMS)

TITANS LEGENDS (TSHWANE)

STALLIONS (MIDLANDS)

LEOPARDS B (LIMPOPO)

COBRAS (WEST COAST)

EAGLES (NAMIBIA)

NORTHERNS UNITED (PRETORIA)

MAMBAS WHITE (MPUMALANGA)

FLAMES (ZIMBABWE)

BEARS (BLOEMFONTEIN)

LEOPARDS A (LIMPOPO)

PLAYING VENUES:

DAY 1 – UCT – COURT 2

DAY 2 – FAIRMONT HIGH SCHOOL

DAY 3 – COLLEGE OF CAPE TOWN

DAY 4 – PRIZE GIVING AT

Each team will play 9 games in a straight round robin

3rd & 4th in the pool will play for Bronze

1st & 2nd in the pool will play for Gold /Silver

Matches will be 20 minutes each half, 2 minute half time and 2 minute change over between games

TOURNAMENT FORMATS



U18 GIRLS CUP SECTION (12 TEAMS – 2 POOLS OF 6)

POOL 1

VIPERS (PE)
PANTHERS (DURBAN)
TITANS CHAMPS (TSHWANE)
KNIGHTS RED (NORTHERN)
MAMBAS (MPUMALANGA)
LIONS BLACK (WEST RAND)

POOL 2

SEALS (CAPE)
HAWKS (NAMIBIA)
FOXES (BOLAND)
GRYPHONS (GAUTENG)
BEARS (BLOEMFONTEIN)
GIANTS (JHB)

PLAYING VENUES:

DAY 1 – LA ROCHELLE GIRLS SCHOOL

DAY 2 – HERSCHEL GIRLS SCHOOL

DAY 3 – ST CYPRIANS GIRLS SCHOOL

DAY 4 – PRIZE GIVING AT WYNBERG MILITARY BASE

Round robin in each Pool plays 5 games.

At the end of the Pool round robin:

Bottom 2 from each Pool

These teams will play a further 2 matches to determine positions 9th to 12th

Top 4 from each Pool

Will progress to Quarter Finals.

Winners of Quarter finals will progress to Semi's and Finals.

Losers of Quarter finals will have two playoff matches to determine positions 5th to 8th

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U18 GIRLS SHIELD SECTION (8 TEAMS)

SHARKS (CAPE)

COBRAS (WEST COAST)

NORTHERNS UNITED (PRETORIA)

FLAMES (ZIMBABWE)

LEOPARDS (LIMPOPO)

TITANS BEASTS (TSHWANE)

LIONS WHITE (WEST RAND)

RHINOS (NELSPRUIT)

PLAYING VENUES:

DAY 1 – HERSCHEL GIRLS SCHOOL

DAY 2 – UCT – COURT 2

DAY 3 – LA ROCHELLE GIRLS SCHOOL

DAY 4 – PRIZE GIVING AT WYNBERG MILITARY BASE

Each team will play 7 games in a straight round robin

At the end of the round robin

Pool placing Matches: 8th vs 7th & 6th vs 5th for final placings

Semi Finals 1st vs 4th & 2nd vs 3rd

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 2 minute change over between games

TOURNAMENT FORMATS



U18 BOYS CUP SECTION (12 TEAMS – 2 POOLS OF 6)

POOL 1

HAWKS (NAMIBIA)
KNIGHTS RED (NORTHERN)
TITANS CHAMPS (TSHWANE)
GRYPHONS (GAUTENG)
SHARKS (CAPE)
QUAGGAS BLACK (EAST RAND)

POOL 2

SEALS (CAPE)
FOXES GREY (BOLAND)
PANTHERS (DURBAN)
SABLES A (SOUTHERN CAPE)
MAMBAS BLACK (MPUMALANGA)
TITANS BEASTS (TSHWANE)

PLAYING VENUES:

DAY 1 – SUNNINGDALE SPORTS COMPLEX

DAY 2 – ST CYPRIANS GIRLS SCHOOL

DAY 3 – WYNBERG MILITARY BASE

DAY 4 – PRIZE GIVING AT WYNBERG MILITARY BASE

Round robin in each Pool plays 5 games.

At the end of the Pool round robin:

Bottom 2 from each Pool

These teams will play a further 2 matches to determine positions 9th to 12th

Top 4 from each Pool

Progress to Quarter Finals.

Winners of Quarter finals will progress to Semi's and Finals.

Losers of Quarter finals will have two playoff matches to determine positions 5th to 8th

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

TOURNAMENT FORMATS



U18 BOYS SHIELD SECTION (18 TEAMS – 2 POOLS OF 9)

POOL 1

VIPERS (PE)
EAGLES (NAMIBIA)
TIGERS (DURBAN)
COBRAS (WEST COAST)
TITANS WARRIORS (TSHWANE)
NORTHERNS UNITED (PRETORIA)
FLAMES (ZIMBABWE)
RHINOS (NELSPRUIT)
QUAGGAS WHITE (EAST RAND)

POOL 2

FOXES BLACK (BOLAND)
FIRE (LANGA)
SABLES B (SOUTHERN CAPE)
CRANES (NAMIBIA)
LIONS BLACK (WEST RAND)
MAMBAS GREEN (MPUMALANGA)
KNIGHTS BLACK (NORTHERN)
CHEETAHS (ERMELO)
LEOPARDS (LIMPOPO)

PLAYING VENUES:

POOL 1

DAY 1 – FAIRMONT HIGH SCHOOL
DAY 2 – UCT – COURT 1
DAY 3 – SUNNINGDALE SPORTS COMPLEX
DAY 4 – PRIZE GIVING AT WYNBERG MILITARY BASE

POOL 2

SETTLERS HIGH SCHOOL
COLLEGE OF CAPE TOWN
FISH HOEK HIGH SCHOOL

Each pool will play 8 game round robin:

At the end of the round robin

Semi Finals 1st vs 4th & 2nd vs 3rd

Losers of Semi's will play for Bronze 3rd / 4th

Winners will play for Gold /Silver 1st / 2nd

Matches will be 20 minutes each half, 2 minute half time and 3 minute change over between games

VENUE INFORMATION



College of Cape Town - Crawford Campus

174 Kromboom Rd
Crawford, Cape Town, 7770

DF Malan High School

Frans Conradie Dr
Bellville, Cape Town, 7530

Fairmont High School

Medway Cres
Durbell, Cape Town, 7550

Fish Hoek High School

13th Ave
Fish Hoek, Cape Town, 7974

Herschel Girls School

Please use entrance on Church Street
Claremont, Cape Town, 7708

La Rochelle Girls High School

1 Faure St
Esterville, Paarl, 7646

Pinelands High School

Princess Path Gate
Pinelands, Cape Town, 7405

The PSI Base (Wynberg Military Base)

Buren Rd (Off Alphen Hill Rd)
Wynberg, Cape Town, 7824

Reddam House Constantia (Tokai)

Reddam Ave
Constantia, Cape Town, 7806

The Settlers High School

Settlers St
Bellville, Cape Town, 7530

Somerset College

Bredell Road
Somerset West, Cape Town

St Cyprian's School

Gorge Rd
Vredehoek, Cape Town, 8001

Sunningdale Sports Complex

Waterville St
Milnerton Rural, Cape Town, 7441

UCT Indoor Sports Hall

North Entrance Rd
Rondebosch, Cape Town, 7701

HOTELS

Garden Court

-Nelson Mandela Boulevard
Corner Melbourne and Coronation Road
Walmer Estate, Cape Town, 8001

SunSquare Cape Town City Bowl

23 Buitengracht St
Cape Town City Centre, Cape Town, 8000

Hotel Sky Cape Town

9 Lower Long St
Foreshore, Cape Town, 8000

FIXTURES U16 GIRLS CUP



U16 GIRLS CUP SECTION FIXTURES

DATE		MONDAY			18TH DECEMBER 2023			DAY 1		
VENUE		ST CYPRIANS GIRLS SCHOOL								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
1	07h30	GIRLS	U16 CUP SECTION / POOL 1		PANTHERS	VS	VIPERS GREEN			
2	08h15	GIRLS	U16 CUP SECTION / POOL 1		SEALS	VS	FOXES			
3	09h00	GIRLS	U16 CUP SECTION / POOL 1		TITANS CHAMPS	VS	HAWKS B			
4	09h45	GIRLS	U16 CUP SECTION / POOL 2		LIONS BLACK	VS	GRYPHONS A			
5	10h30	GIRLS	U16 CUP SECTION / POOL 2		KNIGHTS RED	VS	MAMBAS BLACK			
6	11h15	GIRLS	U16 CUP SECTION / POOL 2		SABLES A	VS	HAWKS A			
7	12h00	GIRLS	U16 CUP SECTION / POOL 1		PANTHERS	VS	SEALS			
8	12h45	GIRLS	U16 CUP SECTION / POOL 1		VIPERS GREEN	VS	TITANS CHAMPS			
9	13h30	GIRLS	U16 CUP SECTION / POOL 1		FOXES	VS	HAWKS B			
10	14h15	GIRLS	U16 CUP SECTION / POOL 2		LIONS BLACK	VS	MAMBAS BLACK			
11	15h00	GIRLS	U16 CUP SECTION / POOL 2		HAWKS A	VS	GRYPHONS A			
12	15h45	GIRLS	U16 CUP SECTION / POOL 2		SABLES A	VS	KNIGHTS RED			
13	16h30	GIRLS	U16 CUP SECTION / POOL 1		SEALS	VS	TITANS CHAMPS			
15	17h15	GIRLS	U16 CUP SECTION / POOL 1		VIPERS GREEN	VS	HAWKS B			
VENUE		WYNBERG MILITARY BASE								
14	17h15	GIRLS	U16 CUP SECTION / POOL 1		PANTHERS	VS	FOXES			

DATE		TUESDAY			19TH DECEMBER 2023			DAY 2		
VENUE		LA ROCHELLE GIRLS SCHOOL								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
16	07h45	GIRLS	U16 CUP SECTION / POOL 2		LIONS BLACK	VS	SABLES A			
17	08h30	GIRLS	U16 CUP SECTION / POOL 2		KNIGHTS RED	VS	HAWKS A			
18	09h15	GIRLS	U16 CUP SECTION / POOL 2		GRYPHONS A	VS	MAMBAS BLACK			
19	10h00	GIRLS	U16 CUP SECTION / POOL 1		PANTHERS	VS	TITANS CHAMPS			
20	10h45	GIRLS	U16 CUP SECTION / POOL 1		SEALS	VS	HAWKS B			
21	11h30	GIRLS	U16 CUP SECTION / POOL 1		VIPERS GREEN	VS	FOXES			
22	12h15	GIRLS	U16 CUP SECTION / POOL 2		LIONS BLACK	VS	KNIGHTS RED			
23	13h00	GIRLS	U16 CUP SECTION / POOL 2		SABLES A	VS	GRYPHONS A			
24	13h45	GIRLS	U16 CUP SECTION / POOL 2		HAWKS A	VS	MAMBAS BLACK			
25	14h30	GIRLS	U16 CUP SECTION / POOL 1		PANTHERS	VS	HAWKS B			
26	15h15	GIRLS	U16 CUP SECTION / POOL 1		FOXES	VS	TITANS CHAMPS			
27	16h00	GIRLS	U16 CUP SECTION / POOL 1		VIPERS GREEN	VS	SEALS			
28	16h45	GIRLS	U16 CUP SECTION / POOL 2		KNIGHTS RED	VS	GRYPHONS A			
29	17h30	GIRLS	U16 CUP SECTION / POOL 2		LIONS BLACK	VS	HAWKS A			
30	18h15	GIRLS	U16 CUP SECTION / POOL 2		SABLES A	VS	MAMBAS BLACK			

DATE		WEDNESDAY			20TH DECEMBER 2023			DAY 3		
VENUE		HERSCHEL GIRLS SCHOOL								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
31	08h00	GIRLS	U16 CUP SECTION QUARTER FINAL 1		1ST POOL 1	VS	4TH POOL 2			
32	08h45	GIRLS	U16 CUP SECTION QUARTER FINAL 2		2ND POOL 2	VS	3RD POOL 1			
33	09h30	GIRLS	U16 CUP SECTION QUARTER FINAL 3		1ST POOL 2	VS	4TH POOL 1			
34	10h15	GIRLS	U16 CUP SECTION QUARTER FINAL 4		2ND POOL 1	VS	3RD POOL 2			
35	11h00	GIRLS	U16 CUP SECTION BOTTOM 4		5TH POOL 1	VS	6TH POOL 2			
36	11h45	GIRLS	U16 CUP SECTION BOTTOM 4		6TH POOL 1	VS	5TH POOL 2			
37	12h45	GIRLS	U16 CUP SECTION PLAYOFFS		LOSER QF1	VS	LOSER QF2			
38	13h30	GIRLS	U16 CUP SECTION PLAYOFFS		LOSER QF2	VS	LOSER QF4			
39	14h15	GIRLS	U16 CUP SECTION SEMI FINAL 1		WINNER QF1	VS	WINNER QF2			
40	15h00	GIRLS	U16 CUP SECTION SEMI FINAL 2		WINNER QF3	VS	WINNER QF4			
41	16h00	GIRLS	U16 CUP SECTION POSITION 9TH AND 10TH		WINNER OF GAME 35	VS	WINNER OF GAME 36			
42	16h45	GIRLS	U16 CUP SECTION POSITION 11TH AND 12TH		LOSER OF GAME 35	VS	LOSER OF GAME 36			
43	17h30	GIRLS	U16 CUP SECTION POSITION 5TH AND 6TH		WINNER OF GAME 37	VS	WINNER OF GAME 38			
44	18h15	GIRLS	U16 CUP SECTION POSITION 7TH AND 8TH		LOSER OF GAME 37	VS	LOSER OF GAME 38			

DATE		SUNDAY			21ST DECEMBER 2023			DAY 4		
VENUE		UCT - COURT 2								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
45	10h40	GIRLS	U16 CUP SECTION		BRONZE 3RD VS 4TH					
VENUE		UCT - COURT 1								
46	11h00	GIRLS	U16 CUP SECTION		GOLD / SILVER 1ST VS 2ND					
	13h00		PRIZE GIVING AT UCT							

FIXTURES U16 GIRLS SHIELD



U16 GIRLS SHIELD SECTION FIXTURES

DATE		MONDAY			18TH DECEMBER 2023			DAY 1		
VENUE		SOMERSET COLLEGE								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
47	08h00	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	SCORPIONS			
48	08h45	GIRLS	U16 SHIELD SECTION POOL 1		SABLES B	VS	EAGLES			
49	09h30	GIRLS	U16 SHIELD SECTION POOL 1		TIGERS	VS	MAMBAS GREEN			
50	10h15	GIRLS	U16 SHIELD SECTION POOL 1		GRYPHONS B	VS	BEARS			
51	11h00	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	SABLES B			
52	11h45	GIRLS	U16 SHIELD SECTION POOL 1		SCORPIONS	VS	MAMBAS GREEN			
53	12h30	GIRLS	U16 SHIELD SECTION POOL 1		EAGLES	VS	GRYPHONS B			
54	13h15	GIRLS	U16 SHIELD SECTION POOL 1		TIGERS	VS	BEARS			
55	14h00	GIRLS	U16 SHIELD SECTION POOL 1		SABLES B	VS	MAMBAS GREEN			
56	14h45	GIRLS	U16 SHIELD SECTION POOL 1		SCORPIONS	VS	GRYPHONS B			
57	15h30	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	BEARS			
58	16h15	GIRLS	U16 SHIELD SECTION POOL 1		EAGLES	VS	TIGERS			
VENUE		REDDAM TOKAI								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
59	08h00	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	FOXES CUBS			
60	08h45	GIRLS	U16 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	FLAMES			
61	09h30	GIRLS	U16 SHIELD SECTION POOL 2		TITANS BEASTS	VS	QUAGGAS			
62	10h15	GIRLS	U16 SHIELD SECTION POOL 2		MAMBAS YELLOW	VS	GIANTS			
63	11h00	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	KNIGHTS BLACK			
64	11h45	GIRLS	U16 SHIELD SECTION POOL 2		FOXES CUBS	VS	QUAGGAS			
65	12h30	GIRLS	U16 SHIELD SECTION POOL 2		FLAMES	VS	MAMBAS YELLOW			
66	13h15	GIRLS	U16 SHIELD SECTION POOL 2		TITANS BEASTS	VS	GIANTS			
67	14h00	GIRLS	U16 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	QUAGGAS			
68	14h45	GIRLS	U16 SHIELD SECTION POOL 2		FOXES CUBS	VS	MAMBAS YELLOW			
69	15h30	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	GIANTS			
70	16h15	GIRLS	U16 SHIELD SECTION POOL 2		FLAMES	VS	TITANS BEASTS			

DATE		TUESDAY			19TH DECEMBER 2023			DAY 2		
VENUE		REDDAM TOKAI								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
71	08h00	GIRLS	U16 SHIELD SECTION POOL 1		SABLES B	VS	SCORPIONS			
72	08h45	GIRLS	U16 SHIELD SECTION POOL 1		MAMBAS GREEN	VS	GRYPHONS B			
73	09h30	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	TIGERS			
74	10h15	GIRLS	U16 SHIELD SECTION POOL 1		EAGLES	VS	BEARS			
75	11h00	GIRLS	U16 SHIELD SECTION POOL 1		SABLES B	VS	GRYPHONS B			
76	11h45	GIRLS	U16 SHIELD SECTION POOL 1		SCORPIONS	VS	TIGERS			
77	12h30	GIRLS	U16 SHIELD SECTION POOL 1		MAMBAS GREEN	VS	BEARS			
78	13h15	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	EAGLES			
79	14h00	GIRLS	U16 SHIELD SECTION POOL 1		TIGERS	VS	GRYPHONS B			
80	14h45	GIRLS	U16 SHIELD SECTION POOL 1		SABLES B	VS	BEARS			
81	15h30	GIRLS	U16 SHIELD SECTION POOL 1		SCORPIONS	VS	EAGLES			
82	16h15	GIRLS	U16 SHIELD SECTION POOL 1		SEAL PUPS	VS	MAMBAS GREEN			
VENUE		DF MALAN HIGH SCHOOL								
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2			
83	08h00	GIRLS	U16 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	FOXES CUBS			
84	08h45	GIRLS	U16 SHIELD SECTION POOL 2		QUAGGAS	VS	MAMBAS YELLOW			
85	09h30	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	TITANS BEASTS			
86	10h15	GIRLS	U16 SHIELD SECTION POOL 2		FLAMES	VS	GIANTS			
87	11h00	GIRLS	U16 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	MAMBAS YELLOW			
88	11h45	GIRLS	U16 SHIELD SECTION POOL 2		FOXES CUBS	VS	TITANS BEASTS			
89	12h30	GIRLS	U16 SHIELD SECTION POOL 2		QUAGGAS	VS	GIANTS			
90	13h15	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	FLAMES			
91	14h00	GIRLS	U16 SHIELD SECTION POOL 2		TITANS BEASTS	VS	MAMBAS YELLOW			
92	14h45	GIRLS	U16 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	GIANTS			
93	15h30	GIRLS	U16 SHIELD SECTION POOL 2		FOXES CUBS	VS	FLAMES			
94	16h15	GIRLS	U16 SHIELD SECTION POOL 2		SHARKS	VS	QUAGGAS			

FIXTURES U16 GIRLS SHIELD

DATE		WEDNESDAY		20TH DECEMBER 2023		DAY 3	
VENUE			DF MALAN HIGH SCHOOL				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
95	08h00	GIRLS	U16 SHIELD SECTION POOL 1	SABLES B	VS	TIGERS	
96	08h45	GIRLS	U16 SHIELD SECTION POOL 1	SCORPIONS	VS	BEARS	
97	09h30	GIRLS	U16 SHIELD SECTION POOL 1	SEAL PUPS	VS	GRYPHONS B	
98	10h15	GIRLS	U16 SHIELD SECTION POOL 1	EAGLES	VS	MAMBAS GREEN	
			TEAMS MOVE VENUES	BREAK			
99	12h30	GIRLS	U16 SHIELD SECTION	8th POOL 1	VS	8th POOL 2	
100	13h15	GIRLS	U16 SHIELD SECTION SEMI 1	1st POOL 1	VS	2nd POOL 2	
101	14h00	GIRLS	U16 SHIELD SECTION SEMI 2	2nd POOL 1	VS	1st POOL 2	
102	14h45	GIRLS	U16 SHIELD SECTION	4th POOL 1	VS	4th POOL 2	
VENUE			SETTLERS HIGH SCHOOL				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
103	08h00	GIRLS	U16 SHIELD SECTION POOL 2	KNIGHTS BLACK	VS	TITANS BEASTS	
104	08h45	GIRLS	U16 SHIELD SECTION POOL 2	FOXES CUBS	VS	GIANTS	
105	09h30	GIRLS	U16 SHIELD SECTION POOL 2	SHARKS	VS	MAMBAS YELLOW	
106	10h15	GIRLS	U16 SHIELD SECTION POOL 2	FLAMES	VS	QUAGGAS	
			TEAMS MOVE VENUES	BREAK			
107	12h30	GIRLS	U16 SHIELD SECTION	7th POOL 1	VS	7th POOL 2	
108	13h15	GIRLS	U16 SHIELD SECTION	6th POOL 1	VS	6th POOL 2	
109	14h00	GIRLS	U16 SHIELD SECTION	5th POOL 1	VS	5th POOL 2	
110	14h45	GIRLS	U16 SHIELD SECTION	3rd POOL 1	VS	3rd POOL 2	

DATE		THURSDAY		21ST DECEMBER 2023		DAY 4	
VENUE			UCT - COURT 2				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
111	09h00	GIRLS	U16 SHIELD SECTION	BRONZE 3RD VS 4TH			
VENUE			UCT - COURT 1				
112	10h10	GIRLS	U16 SHIELD SECTION	GOLD/SILVER 1ST VS 2ND			
	13h00		PRIZE GIVING AT UCT				

FIXTURES U16 GIRLS PLATE



U16 GIRLS PLATE SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023		DAY 1	
VENUE				DF MALAN SCHOOL			
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
113	09h00	GIRLS	U16 PLATE SECTION	SUNBIRDS	VS	TITANS WARRIORS	
114	09h45	GIRLS	U16 PLATE SECTION	NORTHERNS UNITED	VS	MAMBAS WHITE	
115	10h30	GIRLS	U16 PLATE SECTION	RHINOS	VS	FIRE	
116	11h15	GIRLS	U16 PLATE SECTION	LEOPARDS	VS	SUNBIRDS	
117	12h00	GIRLS	U16 PLATE SECTION	NORTHERNS UNITED	VS	TITANS WARRIORS	
118	12h45	GIRLS	U16 PLATE SECTION	RHINOS	VS	MAMBAS WHITE	
119	13h30	GIRLS	U16 PLATE SECTION	FIRE	VS	LEOPARDS	
120	14h15	GIRLS	U16 PLATE SECTION	SUNBIRDS	VS	NORTHERNS UNITED	
121	15h00	GIRLS	U16 PLATE SECTION	MAMBAS WHITE	VS	TITANS WARRIORS	
122	15h45	GIRLS	U16 PLATE SECTION	RHINOS	VS	LEOPARDS	

DATE		TUESDAY		19TH DECEMBER 2023		DAY 2	
VENUE				SOMERSET COLLEGE			
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
123	10h00	GIRLS	U16 PLATE SECTION	LEOPARDS	VS	TITANS WARRIORS	
124	10h45	GIRLS	U16 PLATE SECTION	RHINOS	VS	SUNBIRDS	
125	11h30	GIRLS	U16 PLATE SECTION	MAMBAS WHITE	VS	FIRE	
126	12h15	GIRLS	U16 PLATE SECTION	NORTHERNS UNITED	VS	LEOPARDS	
127	13h00	GIRLS	U16 PLATE SECTION	SUNBIRDS	VS	MAMBAS WHITE	
128	13h45	GIRLS	U16 PLATE SECTION	FIRE	VS	TITANS WARRIORS	
129	14h30	GIRLS	U16 PLATE SECTION	NORTHERNS UNITED	VS	RHINOS	

DATE		WEDNESDAY		20TH DECEMBER 2023		DAY 3	
VENUE				REDDAM TOKAI			
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
130	08h45	GIRLS	U16 PLATE SECTION	FIRE	VS	NORTHERNS UNITED	
131	09h30	GIRLS	U16 PLATE SECTION	LEOPARDS	VS	MAMBAS WHITE	
132	10h15	GIRLS	U16 PLATE SECTION	TITANS WARRIORS	VS	RHINOS	
133	11h00	GIRLS	U16 PLATE SECTION	SUNBIRDS	VS	FIRE	
	11h45	GIRLS		BREAK			
134	12h15	GIRLS	U16 PLATE SECTION BOTTOM 3	5TH	VS	7TH	
135	13h00	GIRLS	U16 PLATE SECTION SEMI FINAL 1	1ST	VS	4TH	
	13h45	GIRLS		BREAK			
136	14h15	GIRLS	U16 PLATE SECTION BOTTOM 3	5TH	VS	6TH	
137	15h00	GIRLS	U16 PLATE SECTION SEMI FINAL 2	2ND	VS	3RD	
138	15h45	GIRLS	U16 PLATE SECTION BOTTOM 3	6TH	VS	7TH	

DATE		THURSDAY		21ST DECEMBER 2023		DAY 4	
VENUE				ST CYPRIANS SCHOOL			
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
139	08h30	GIRLS	U16 PLATE SECTION	BRONZE 3RD VS 4TH			
VENUE				HERSCHEL GIRLS SCHOOL			
140	10h20	GIRLS	U16 PLATE SECTION	GOLD 1ST VS 2ND			
	13h00			PRIZE GIVING AT UCT			

FIXTURES

U16 BOYS CUP



DATE		MONDAY		18TH DECEMBER 2023			DAY 1	
VENUE		FISH HOEK HIGH SCHOOL						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
140	08h00	BOYS	U16 CUP SECTION POOL 1	TITANS CHAMPS	VS	MAMBAS BLACK		
141	08h45	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	QUAGGAS		
142	09h30	BOYS	U16 CUP SECTION POOL 1	PANTHERS	VS	HAWKS B		
143	10h15	BOYS	U16 CUP SECTION POOL 1	VIPERS	VS	TITANS JOES		
144	11h00	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	TITANS CHAMPS		
145	11h45	BOYS	U16 CUP SECTION POOL 1	QUAGGAS	VS	HAWKS B		
146	12h30	BOYS	U16 CUP SECTION POOL 1	MAMBAS BLACK	VS	VIPERS		
147	13h15	BOYS	U16 CUP SECTION POOL 1	PANTHERS	VS	TITANS JOES		
148	14h00	BOYS	U16 CUP SECTION POOL 1	TITANS CHAMPS	VS	HAWKS B		
149	14h45	BOYS	U16 CUP SECTION POOL 1	QUAGGAS	VS	VIPERS		
150	15h30	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	TITANS JOES		
151	16h15	BOYS	U16 CUP SECTION POOL 1	MAMBAS BLACK	VS	PANTHERS		
VENUE		UCT - COURT 1						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
152	08h00	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	HAWKS A		
153	08h45	BOYS	U16 CUP SECTION POOL 2	TITANS BEASTS	VS	GRYPHONS		
154	09h30	BOYS	U16 CUP SECTION POOL 2	KNIGHTS RED	VS	SABLES A		
155	10h15	BOYS	U16 CUP SECTION POOL 2	LIONS BLACK	VS	MAMBAS GREEN		
156	11h00	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	TITANS BEASTS		
157	11h45	BOYS	U16 CUP SECTION POOL 2	HAWKS A	VS	SABLES A		
158	12h30	BOYS	U16 CUP SECTION POOL 2	GRYPHONS	VS	LIONS BLACK		
159	13h15	BOYS	U16 CUP SECTION POOL 2	KNIGHTS RED	VS	MAMBAS GREEN		
160	14h00	BOYS	U16 CUP SECTION POOL 2	TITANS BEASTS	VS	SABLES A		
161	14h45	BOYS	U16 CUP SECTION POOL 2	HAWKS A	VS	LIONS BLACK		
162	15h30	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	MAMBAS GREEN		
163	16h15	BOYS	U16 CUP SECTION POOL 2	GRYPHONS	VS	KNIGHTS RED		

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2	
VENUE		SUNNINGDALE SPORTS COMPLEX						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
164	08h45	BOYS	U16 CUP SECTION POOL 1	TITANS CHAMPS	VS	QUAGGAS		
165	09h30	BOYS	U16 CUP SECTION POOL 1	HAWKS B	VS	VIPERS		
166	10h15	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	PANTHERS		
167	11h00	BOYS	U16 CUP SECTION POOL 1	MAMBAS BLACK	VS	TITANS JOES		
168	11h45	BOYS	U16 CUP SECTION POOL 1	TITANS CHAMPS	VS	VIPERS		
169	12h30	BOYS	U16 CUP SECTION POOL 1	QUAGGAS	VS	PANTHERS		
170	13h15	BOYS	U16 CUP SECTION POOL 1	HAWKS B	VS	TITANS JOES		
171	14h00	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	MAMBAS BLACK		
172	14h45	BOYS	U16 CUP SECTION POOL 1	PANTHERS	VS	VIPERS		
173	15h30	BOYS	U16 CUP SECTION POOL 1	TITANS CHAMPS	VS	TITANS JOES		
174	16h15	BOYS	U16 CUP SECTION POOL 1	QUAGGAS	VS	MAMBAS BLACK		
175	17h00	BOYS	U16 CUP SECTION POOL 1	FOXES	VS	HAWKS B		
VENUE		FISH HOEK HIGH SCHOOL						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
176	08h45	BOYS	U16 CUP SECTION POOL 2	TITANS BEASTS	VS	HAWKS A		
177	09h30	BOYS	U16 CUP SECTION POOL 2	SABLES A	VS	LIONS BLACK		
178	10h15	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	KNIGHTS RED		
179	11h00	BOYS	U16 CUP SECTION POOL 2	GRYPHONS	VS	MAMBAS GREEN		
180	11h45	BOYS	U16 CUP SECTION POOL 2	TITANS BEASTS	VS	LIONS BLACK		
181	12h30	BOYS	U16 CUP SECTION POOL 2	HAWKS A	VS	KNIGHTS RED		
182	13h15	BOYS	U16 CUP SECTION POOL 2	SABLES A	VS	MAMBAS GREEN		
183	14h00	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	GRYPHONS		
184	14h45	BOYS	U16 CUP SECTION POOL 2	KNIGHTS RED	VS	LIONS BLACK		
185	15h30	BOYS	U16 CUP SECTION POOL 2	TITANS BEASTS	VS	MAMBAS GREEN		
186	16h15	BOYS	U16 CUP SECTION POOL 2	HAWKS A	VS	GRYPHONS		
187	17h00	BOYS	U16 CUP SECTION POOL 2	SEALS	VS	SABLES A		

FIXTURES

U16 BOYS CUP



DATE		WEDNESDAY		20TH DECEMBER 2023			DAY 3	
VENUE				UCT - COURT 1				
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
188	09h30	BOYS	U16 CUP SECTION POOL 1		TITANS CHAMPS	VS	PANTHERS	
189	10h15	BOYS	U16 CUP SECTION POOL 1		QUAGGAS	VS	TITANS JOES	
190	11h00	BOYS	U16 CUP SECTION POOL 1		FOXES	VS	VIPERS	
191	11h45	BOYS	U16 CUP SECTION POOL 1		MAMBAS BLACK	VS	HAWKS B	
	12h30				BREAK			
192	13h00	BOYS	U18 CUP SECTION		8th POOL 1	VS	8th POOL 2	
193	13h50	BOYS	U16 CUP SECTION SEMI 1		1st POOL 1	VS	2nd POOL 2	
194	14h40	BOYS	U16 CUP SECTION SEMI 2		2nd POOL 1	VS	1st POOL 2	
195	15h30	BOYS	U16 CUP SECTION		4th POOL 1	VS	4th POOL 2	
VENUE				UCT - COURT 2				
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
196	09h30	BOYS	U16 CUP SECTION POOL 2		TITANS BEASTS	VS	KNIGHTS RED	
197	10h15	BOYS	U16 CUP SECTION POOL 2		HAWKS A	VS	MAMBAS GREEN	
198	11h00	BOYS	U16 CUP SECTION POOL 2		SEALS	VS	LIONS BLACK	
199	11h45	BOYS	U16 CUP SECTION POOL 2		GRYPHONS	VS	SABLES A	
	12h30				BREAK			
200	13h00	BOYS	U16 CUP SECTION		7th POOL 1	VS	7th POOL 2	
201	13h50	BOYS	U16 CUP SECTION		6th POOL 1	VS	6th POOL 2	
202	14h40	BOYS	U16 CUP SECTION		5th POOL 1	VS	5th POOL 2	
203	15h30	BOYS	U16 CUP SECTION		3rd POOL 1	VS	3rd POOL 2	

DATE		THURSDAY		21ST DECEMBER 2023			DAY 4	
VENUE				UCT - COURT 1				
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
204	09h20	BOYS	U16 CUP SECTION		BRONZE 3RD VS 4TH			
205	12h00	BOYS	U16 CUP SECTION		GOLD/SILVER 1ST VS 2ND			
	13h00				PRIZE GIVING AT UCT			

FIXTURES U16 BOYS SHIELD



U16 BOYS SHIELD SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			DAY 1	
VENUE		COLLEGE OF CAPE TOWN - CRAWFORD CAMPUS						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
207	07h30	BOYS	U16 BOYS SHIELD SECTION		SHARKS	VS	SEAL PUPS	
208	08h15	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	SCORPIONS	
209	09h00	BOYS	U16 BOYS SHIELD SECTION		SABLES B	VS	TITANS JOES	
210	09h45	BOYS	U16 BOYS SHIELD SECTION		TITANS WARRIORS	VS	OAKS	
211	10h30	BOYS	U16 BOYS SHIELD SECTION		KNIGHTS BLACK	VS	MAMBAS YELLOW	
212	11h15	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	SHARKS	
213	12h00	BOYS	U16 BOYS SHIELD SECTION		SABLES B	VS	SCORPIONS	
214	12h45	BOYS	U16 BOYS SHIELD SECTION		TITANS WARRIORS	VS	SEAL PUPS	
215	13h30	BOYS	U16 BOYS SHIELD SECTION		KNIGHTS BLACK	VS	TITANS JOES	
216	14h15	BOYS	U16 BOYS SHIELD SECTION		MAMBAS YELLOW	VS	OAKS	
217	15h00	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	SABLES B	
218	15h45	BOYS	U16 BOYS SHIELD SECTION		TITANS WARRIORS	VS	SHARKS	
219	16h30	BOYS	U16 BOYS SHIELD SECTION		KNIGHTS BLACK	VS	SCORPIONS	
220	17h15	BOYS	U16 BOYS SHIELD SECTION		MAMBAS YELLOW	VS	SEAL PUPS	
221	18h00	BOYS	U16 BOYS SHIELD SECTION		OAKS	VS	TITANS JOES	

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2	
VENUE		UCT - COURT 1						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
222	07h30	BOYS	U16 BOYS SHIELD SECTION		KNIGHTS BLACK	VS	SABLES B	
223	08h15	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	TITANS WARRIORS	
224	09h00	BOYS	U16 BOYS SHIELD SECTION		MAMBAS YELLOW	VS	SHARKS	
225	09h45	BOYS	U16 BOYS SHIELD SECTION		OAKS	VS	SCORPIONS	
226	10h30	BOYS	U16 BOYS SHIELD SECTION		TITANS JOES	VS	SEAL PUPS	
227	11h15	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	KNIGHTS BLACK	
228	12h00	BOYS	U16 BOYS SHIELD SECTION		MAMBAS YELLOW	VS	TITANS WARRIORS	
229	12h45	BOYS	U16 BOYS SHIELD SECTION		OAKS	VS	SABLES B	
230	13h30	BOYS	U16 BOYS SHIELD SECTION		TITANS JOES	VS	SHARKS	
231	14h15	BOYS	U16 BOYS SHIELD SECTION		SEAL PUPS	VS	SCORPIONS	
232	15h00	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	MAMBAS YELLOW	
233	15h45	BOYS	U16 BOYS SHIELD SECTION		OAKS	VS	KNIGHTS BLACK	
234	16h30	BOYS	U16 BOYS SHIELD SECTION		TITANS JOES	VS	TITANS WARRIORS	
235	17h15	BOYS	U16 BOYS SHIELD SECTION		SEAL PUPS	VS	SABLES B	
236	18h00	BOYS	U16 BOYS SHIELD SECTION		SCORPIONS	VS	SHARKS	

DATE		WEDNESDAY		20TH DECEMBER 2023			DAY 3	
VENUE		SUNNINGDALE SPORTS COMPLEX						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
237	07h30	BOYS	U16 BOYS SHIELD SECTION		TITANS JOES	VS	MAMBAS YELLOW	
238	08h15	BOYS	U16 BOYS SHIELD SECTION		SEAL PUPS	VS	KNIGHTS BLACK	
239	09h00	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	OAKS	
240	09h45	BOYS	U16 BOYS SHIELD SECTION		SCORPIONS	VS	TITANS WARRIORS	
241	10h30	BOYS	U16 BOYS SHIELD SECTION		SHARKS	VS	SABLES B	
242	11h15	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	TITANS JOES	
243	12h00	BOYS	U16 BOYS SHIELD SECTION		SEAL PUPS	VS	OAKS	
244	12h45	BOYS	U16 BOYS SHIELD SECTION		SCORPIONS	VS	MAMBAS YELLOW	
245	13h30	BOYS	U16 BOYS SHIELD SECTION		SHARKS	VS	KNIGHTS BLACK	
246	14h15	BOYS	U16 BOYS SHIELD SECTION		SABLES B	VS	TITANS WARRIORS	
247	15h00	BOYS	U16 BOYS SHIELD SECTION		FOXES CUBS	VS	SEAL PUPS	
248	15h45	BOYS	U16 BOYS SHIELD SECTION		SCORPIONS	VS	TITANS JOES	
249	16h30	BOYS	U16 BOYS SHIELD SECTION		SHARKS	VS	OAKS	
250	17h15	BOYS	U16 BOYS SHIELD SECTION		SABLES B	VS	MAMBAS YELLOW	
251	18h00	BOYS	U16 BOYS SHIELD SECTION		TITANS WARRIORS	VS	KNIGHTS BLACK	

DATE		THURSDAY		21ST DECEMBER 2023			DAY 4	
VENUE		UCT - COURT 1						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
252	08h30	BOYS	U16 BOYS SHIELD SECTION		BRONZE 3RD VS 4TH			
VENUE		UCT - COURT 2						
253	11h20	BOYS	U16 BOYS SHIELD SECTION		GOLD 1ST VS 2ND			
	13h00							

PRIZE GIVING AT UCT

FIXTURES U16 BOYS PLATE



U16 BOYS PLATE SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			DAY 1	
VENUE		UCT - COURT 2						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
254	07h30	BOYS	U16 BOYS PLATE SECTION		TITANS LEGENDS	VS	NORTHERNS UNITED	
255	08h15	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	MAMBAS WHITE	
256	09h00	BOYS	U16 BOYS PLATE SECTION		LEOPARDS B	VS	FLAMES	
257	09h45	BOYS	U16 BOYS PLATE SECTION		COBRAS	VS	BEARS	
258	10h30	BOYS	U16 BOYS PLATE SECTION		EAGLES	VS	LEOPARDS A	
259	11h15	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	TITANS LEGENDS	
260	12h00	BOYS	U16 BOYS PLATE SECTION		LEOPARDS B	VS	MAMBAS WHITE	
261	12h45	BOYS	U16 BOYS PLATE SECTION		COBRAS	VS	NORTHERNS UNITED	
262	13h30	BOYS	U16 BOYS PLATE SECTION		EAGLES	VS	FLAMES	
263	14h15	BOYS	U16 BOYS PLATE SECTION		LEOPARDS A	VS	BEARS	
264	15h00	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	LEOPARDS B	
265	15h45	BOYS	U16 BOYS PLATE SECTION		COBRAS	VS	TITANS LEGENDS	
266	16h30	BOYS	U16 BOYS PLATE SECTION		EAGLES	VS	MAMBAS WHITE	
267	17h15	BOYS	U16 BOYS PLATE SECTION		LEOPARDS A	VS	NORTHERNS UNITED	
268	18h00	BOYS	U16 BOYS PLATE SECTION		BEARS	VS	FLAMES	

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2	
VENUE		FAIRMONT HIGH SCHOOL						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
269	07h30	BOYS	U16 BOYS PLATE SECTION		EAGLES	VS	LEOPARDS B	
270	08h15	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	COBRAS	
271	09h00	BOYS	U16 BOYS PLATE SECTION		LEOPARDS A	VS	TITANS LEGENDS	
272	09h45	BOYS	U16 BOYS PLATE SECTION		BEARS	VS	MAMBAS WHITE	
273	10h30	BOYS	U16 BOYS PLATE SECTION		FLAMES	VS	NORTHERNS UNITED	
274	11h15	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	EAGLES	
275	12h00	BOYS	U16 BOYS PLATE SECTION		LEOPARDS A	VS	COBRAS	
276	12h45	BOYS	U16 BOYS PLATE SECTION		BEARS	VS	LEOPARDS B	
277	13h30	BOYS	U16 BOYS PLATE SECTION		FLAMES	VS	TITANS LEGENDS	
278	14h15	BOYS	U16 BOYS PLATE SECTION		NORTHERNS UNITED	VS	MAMBAS WHITE	
279	15h00	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	LEOPARDS A	
280	15h45	BOYS	U16 BOYS PLATE SECTION		BEARS	VS	EAGLES	
281	16h30	BOYS	U16 BOYS PLATE SECTION		FLAMES	VS	COBRAS	
282	17h15	BOYS	U16 BOYS PLATE SECTION		NORTHERNS UNITED	VS	LEOPARDS B	
283	18h00	BOYS	U16 BOYS PLATE SECTION		MAMBAS WHITE	VS	TITANS LEGENDS	

DATE		WEDNESDAY		20TH DECEMBER 2023			DAY 3	
VENUE		COLLEGE OF CAPE TOWN - CRAWFORD CAMPUS						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
284	07h30	BOYS	U16 BOYS PLATE SECTION		FLAMES	VS	LEOPARDS A	
285	08h15	BOYS	U16 BOYS PLATE SECTION		NORTHERNS UNITED	VS	EAGLES	
286	09h00	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	BEARS	
287	09h45	BOYS	U16 BOYS PLATE SECTION		MAMBAS WHITE	VS	COBRAS	
288	10h30	BOYS	U16 BOYS PLATE SECTION		TITANS LEGENDS	VS	LEOPARDS B	
289	11h15	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	FLAMES	
290	12h00	BOYS	U16 BOYS PLATE SECTION		NORTHERNS UNITED	VS	BEARS	
291	12h45	BOYS	U16 BOYS PLATE SECTION		MAMBAS WHITE	VS	LEOPARDS A	
292	13h30	BOYS	U16 BOYS PLATE SECTION		TITANS LEGENDS	VS	EAGLES	
293	14h15	BOYS	U16 BOYS PLATE SECTION		LEOPARDS B	VS	COBRAS	
294	15h00	BOYS	U16 BOYS PLATE SECTION		STALLIONS	VS	NORTHERNS UNITED	
295	15h45	BOYS	U16 BOYS PLATE SECTION		MAMBAS WHITE	VS	FLAMES	
296	16h30	BOYS	U16 BOYS PLATE SECTION		TITANS LEGENDS	VS	BEARS	
297	17h15	BOYS	U16 BOYS PLATE SECTION		LEOPARDS B	VS	LEOPARDS A	
298	18h00	BOYS	U16 BOYS PLATE SECTION		COBRAS	VS	EAGLES	

DATE		THURSDAY		21ST DECEMBER 2023			DAY 4	
VENUE		UCT - COURT 2						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
299	08h15	BOYS	U16 BOYS PLATE SECTION		BRONZE 3RD VS 4TH			
300	09h50	BOYS	U16 BOYS PLATE SECTION		GOLD 1ST VS 2ND			
	13h00		PRIZE GIVING AT UCT					

FIXTURES U18 GIRLS CUP



U18 GIRLS CUP SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			DAY 1	
VENUE		LA ROCHELLE GIRLS SCHOOL						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
301	07h45	GIRLS	U18 CUP SECTION / POOL 1		VIPERS	VS	PANTHERS	
302	08h30	GIRLS	U18 CUP SECTION / POOL 1		TITANS CHAMPS	VS	KNIGHTS RED	
303	09h15	GIRLS	U18 CUP SECTION / POOL 1		MAMBAS	VS	LIONS BLACK	
304	10h00	GIRLS	U18 CUP SECTION / POOL 2		SEALS	VS	HAWKS	
305	10h45	GIRLS	U18 CUP SECTION / POOL 2		FOXES	VS	GRYPHONS	
306	11h30	GIRLS	U18 CUP SECTION / POOL 2		BEARS	VS	GIANTS	
307	12h15	GIRLS	U18 CUP SECTION / POOL 1		VIPERS	VS	TITANS CHAMPS	
308	13h00	GIRLS	U18 CUP SECTION / POOL 1		PANTHERS	VS	MAMBAS	
309	13h45	GIRLS	U18 CUP SECTION / POOL 1		KNIGHTS RED	VS	LIONS BLACK	
310	14h30	GIRLS	U18 CUP SECTION / POOL 2		SEALS	VS	GRYPHONS	
311	15h15	GIRLS	U18 CUP SECTION / POOL 2		GIANTS	VS	HAWKS	
312	16h00	GIRLS	U18 CUP SECTION / POOL 2		BEARS	VS	FOXES	
313	16h45	GIRLS	U18 CUP SECTION / POOL 1		TITANS CHAMPS	VS	MAMBAS	
314	17h30	GIRLS	U18 CUP SECTION / POOL 1		VIPERS	VS	KNIGHTS RED	
315	18h15	GIRLS	U18 CUP SECTION / POOL 1		PANTHERS	VS	LIONS BLACK	

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2	
VENUE		HERSCHEL GIRLS SCHOOL						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
316	07h30	GIRLS	U18 CUP SECTION / POOL 2		SEALS	VS	BEARS	
317	08h15	GIRLS	U18 CUP SECTION / POOL 2		FOXES	VS	GIANTS	
318	09h00	GIRLS	U18 CUP SECTION / POOL 2		HAWKS	VS	GRYPHONS	
319	09h45	GIRLS	U18 CUP SECTION / POOL 1		VIPERS	VS	MAMBAS	
320	10h30	GIRLS	U18 CUP SECTION / POOL 1		TITANS CHAMPS	VS	LIONS BLACK	
321	11h15	GIRLS	U18 CUP SECTION / POOL 1		PANTHERS	VS	KNIGHTS RED	
322	12h00	GIRLS	U18 CUP SECTION / POOL 2		SEALS	VS	FOXES	
323	12h45	GIRLS	U18 CUP SECTION / POOL 2		BEARS	VS	HAWKS	
324	13h30	GIRLS	U18 CUP SECTION / POOL 2		GIANTS	VS	GRYPHONS	
325	14h15	GIRLS	U18 CUP SECTION / POOL 1		VIPERS	VS	LIONS BLACK	
326	15h00	GIRLS	U18 CUP SECTION / POOL 1		KNIGHTS RED	VS	MAMBAS	
327	15h45	GIRLS	U18 CUP SECTION / POOL 1		PANTHERS	VS	TITANS CHAMPS	
328	16h30	GIRLS	U18 CUP SECTION / POOL 2		FOXES	VS	HAWKS	
329	17h15	GIRLS	U18 CUP SECTION / POOL 2		SEALS	VS	GIANTS	
330	18h00	GIRLS	U18 CUP SECTION / POOL 2		BEARS	VS	GRYPHONS	

DATE		WEDNESDAY		20TH DECEMBER 2023			DAY 3	
VENUE		ST CYPRIANS GIRLS SCHOOL						
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2	
331	08h00	GIRLS	U18 CUP SECTION QUARTER FINAL 1		1ST POOL 1	VS	4TH POOL 2	
332	08h45	GIRLS	U18 CUP SECTION QUARTER FINAL 2		2ND POOL 2	VS	3RD POOL 1	
333	09h30	GIRLS	U18 CUP SECTION QUARTER FINAL 3		1ST POOL 2	VS	4TH POOL 1	
334	10h15	GIRLS	U18 CUP SECTION QUARTER FINAL 4		2ND POOL 1	VS	3RD POOL 2	
335	11h00	GIRLS	U18 CUP SECTION BOTTOM 4		5TH POOL 1	VS	6TH POOL 2	
336	11h45	GIRLS	U18 CUP SECTION BOTTOM 4		6TH POOL 1	VS	5TH POOL 2	
337	12h45	GIRLS	U18 CUP SECTION PLAYOFFS		LOSER QF1	VS	LOSER QF2	
338	13h30	GIRLS	U18 CUP SECTION PLAYOFFS		LOSER QF2	VS	LOSER QF4	
339	14h15	GIRLS	U18 CUP SECTION SEMI FINAL 1		WINNER QF1	VS	WINNER QF2	
340	15h00	GIRLS	U18 CUP SECTION SEMI FINAL 2		WINNER QF3	VS	WINNER QF4	
341	16h00	GIRLS	U18 CUP SECTION POSITION 9TH AND 10TH		WINNER OF GAME 335	VS	WINNER OF GAME 336	
342	16h45	GIRLS	U18 CUP SECTION POSITION 11TH AND 12TH		LOSER OF GAME 335	VS	LOSER OF GAME 336	
343	17h30	GIRLS	U18 CUP SECTION POSITION 5TH AND 6TH		WINNER OF GAME 337	VS	WINNER OF GAME 338	
344	18h15	GIRLS	U18 CUP SECTION POSITION 7TH AND 8TH		LOSER OF GAME 337	VS	LOSER OF GAME 338	

DATE		THURSDAY		21ST DECEMBER 2023			DAY 4		
VENUE		HERSCHEL GIRLS SCHOOL							
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2		
345	09h30	GIRLS	U18 CUP SECTION		BRONZE 3RD VS 4TH				
VENUE		WYNBERG MILITARY BASE							
346	11h00	GIRLS	U18 CUP SECTION		GOLD / SILVER 1ST VS 2ND				
	13h00		PRIZE GIVING AT WYNBERG MILITARY BASE						

FIXTURES U18 GIRLS SHIELD



U18 GIRLS SHIELD SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			DAY 1	
VENUE		HERSCHEL GIRLS SCHOOL						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
347	08h00	GIRLS	U18 SHIELD SECTION	SHARKS	VS	COBRAS		
348	08h45	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	TITANS BEASTS		
349	09h30	GIRLS	U18 SHIELD SECTION	NORTHERNS UNITED	VS	LIONS WHITE		
350	10h15	GIRLS	U18 SHIELD SECTION	FLAMES	VS	RHINOS		
351	11h00	GIRLS	U18 SHIELD SECTION	SHARKS	VS	LEOPARDS		
352	11h45	GIRLS	U18 SHIELD SECTION	COBRAS	VS	LIONS WHITE		
353	12h30	GIRLS	U18 SHIELD SECTION	TITANS BEASTS	VS	FLAMES		
354	13h15	GIRLS	U18 SHIELD SECTION	NORTHERNS UNITED	VS	RHINOS		
355	14h00	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	LIONS WHITE		
356	14h45	GIRLS	U18 SHIELD SECTION	COBRAS	VS	FLAMES		
357	15h30	GIRLS	U18 SHIELD SECTION	SHARKS	VS	RHINOS		
358	16h15	GIRLS	U18 SHIELD SECTION	TITANS BEASTS	VS	NORTHERNS UNITED		

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2	
VENUE		UCT - COURT 2						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
359	08h00	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	COBRAS		
360	08h45	GIRLS	U18 SHIELD SECTION	LIONS WHITE	VS	FLAMES		
361	09h30	GIRLS	U18 SHIELD SECTION	SHARKS	VS	NORTHERNS UNITED		
362	10h15	GIRLS	U18 SHIELD SECTION	TITANS BEASTS	VS	RHINOS		
363	11h00	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	FLAMES		
364	11h45	GIRLS	U18 SHIELD SECTION	COBRAS	VS	NORTHERNS UNITED		
365	12h30	GIRLS	U18 SHIELD SECTION	LIONS WHITE	VS	RHINOS		
366	13h15	GIRLS	U18 SHIELD SECTION	SHARKS	VS	TITANS BEASTS		
367	14h00	GIRLS	U18 SHIELD SECTION	NORTHERNS UNITED	VS	FLAMES		
368	14h45	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	RHINOS		
369	15h30	GIRLS	U18 SHIELD SECTION	COBRAS	VS	TITANS BEASTS		
370	16h15	GIRLS	U18 SHIELD SECTION	SHARKS	VS	LIONS WHITE		

DATE		WEDNESDAY		20TH DECEMBER 2023			DAY 3	
VENUE		LA ROCHELLE GIRLS SCHOOL						
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2		
371	09h30	GIRLS	U18 SHIELD SECTION	LEOPARDS	VS	NORTHERNS UNITED		
372	10h15	GIRLS	U18 SHIELD SECTION	COBRAS	VS	RHINOS		
373	11h00	GIRLS	U18 SHIELD SECTION	SHARKS	VS	FLAMES		
374	11h45	GIRLS	U18 SHIELD SECTION	TITANS BEASTS	VS	LIONS WHITE		
	12h30	GIRLS		BREAK				
375	12h50	GIRLS	U18 SHIELD SECTION	8TH		7TH		
376	13h40	GIRLS	U18 SHIELD SECTION	6TH		5TH		
377	14h30	GIRLS	U18 SHIELD SECTION	4TH		1ST		
378	15h20	GIRLS	U18 SHIELD SECTION	2ND		3RD		

DATE		THURSDAY		21ST DECEMBER 2023			DAY 4		
VENUE		HERSCHEL GIRLS SCHOOL							
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2			
379	08h40	GIRLS	U18 SHIELD SECTION	BRONZE 3RD VS 4TH					
VENUE		WYNBERG MILITARY BASE							
380	09h20	GIRLS	U18 SHIELD SECTION	GOLD 1ST VS 2ND					
	13h00			PRIZE GIVING AT WYNBERG MILITARY BASE					

FIXTURES U18 BOYS CUP



U18 BOYS CUP SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			
VENUE		SUNNINGDALE SPORTS COMPLEX					
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
381	07h45	BOYS	U18 CUP SECTION / POOL 1	HAWKS	VS	KNIGHTS RED	
382	08h30	BOYS	U18 CUP SECTION / POOL 1	TITANS CHAMPS	VS	GRYPHONS	
383	09h15	BOYS	U18 CUP SECTION / POOL 1	SHARKS	VS	QUAGGAS BLACK	
384	10h00	BOYS	U18 CUP SECTION / POOL 2	SEALS	VS	FOXES GREY	
385	10h45	BOYS	U18 CUP SECTION / POOL 2	PANTHERS	VS	SABLES A	
386	11h30	BOYS	U18 CUP SECTION / POOL 2	MAMBAS BLACK	VS	TITANS BEASTS	
387	12h15	BOYS	U18 CUP SECTION / POOL 1	HAWKS	VS	TITANS CHAMPS	
388	13h00	BOYS	U18 CUP SECTION / POOL 1	KNIGHTS RED	VS	SHARKS	
389	13h45	BOYS	U18 CUP SECTION / POOL 1	GRYPHONS	VS	QUAGGAS BLACK	
390	14h30	BOYS	U18 CUP SECTION / POOL 2	SEALS	VS	SABLES A	
391	15h15	BOYS	U18 CUP SECTION / POOL 2	TITANS BEASTS	VS	FOXES GREY	
392	16h00	BOYS	U18 CUP SECTION / POOL 2	MAMBAS BLACK	VS	PANTHERS	
393	16h45	BOYS	U18 CUP SECTION / POOL 1	TITANS CHAMPS	VS	SHARKS	
394	17h30	BOYS	U18 CUP SECTION / POOL 1	HAWKS	VS	GRYPHONS	
395	18h15	BOYS	U18 CUP SECTION / POOL 1	KNIGHTS RED	VS	QUAGGAS BLACK	

DATE		TUESDAY		19TH DECEMBER 2023			
VENUE		ST CYPRIANS GIRLS SCHOOL					
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
396	07h30	BOYS	U18 CUP SECTION / POOL 2	SEALS	VS	MAMBAS BLACK	
397	08h15	BOYS	U18 CUP SECTION / POOL 2	PANTHERS	VS	TITANS BEASTS	
398	09h00	BOYS	U18 CUP SECTION / POOL 2	FOXES GREY	VS	SABLES A	
399	09h45	BOYS	U18 CUP SECTION / POOL 1	HAWKS	VS	SHARKS	
400	10h30	BOYS	U18 CUP SECTION / POOL 1	TITANS CHAMPS	VS	QUAGGAS BLACK	
401	11h15	BOYS	U18 CUP SECTION / POOL 1	KNIGHTS RED	VS	GRYPHONS	
402	12h00	BOYS	U18 CUP SECTION / POOL 2	SEALS	VS	PANTHERS	
403	12h45	BOYS	U18 CUP SECTION / POOL 2	MAMBAS BLACK	VS	FOXES GREY	
404	13h30	BOYS	U18 CUP SECTION / POOL 2	TITANS BEASTS	VS	SABLES A	
405	14h15	BOYS	U18 CUP SECTION / POOL 1	HAWKS	VS	QUAGGAS BLACK	
406	15h00	BOYS	U18 CUP SECTION / POOL 1	GRYPHONS	VS	SHARKS	
407	15h45	BOYS	U18 CUP SECTION / POOL 1	KNIGHTS RED	VS	TITANS CHAMPS	
408	16h30	BOYS	U18 CUP SECTION / POOL 2	PANTHERS	VS	FOXES GREY	
410	17h15	BOYS	U18 CUP SECTION / POOL 2	MAMBAS BLACK	VS	SABLES A	
VENUE		WYNBERG MILITARY BASE					
409	17h15	BOYS	U18 CUP SECTION / POOL 2	SEALS	VS	TITANS BEASTS	

DATE		WEDNESDAY		20TH DECEMBER 2023			
VENUE		WYNBERG MILITARY BASE					
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
411	08h00	BOYS	U18 CUP SECTION QUARTER FINAL 1	1ST POOL 1	VS	4TH POOL 2	
412	08h45	BOYS	U18 CUP SECTION QUARTER FINAL 2	2ND POOL 2	VS	3RD POOL 1	
413	09h30	BOYS	U18 CUP SECTION QUARTER FINAL 3	1ST POOL 2	VS	4TH POOL 1	
414	10h15	BOYS	U18 CUP SECTION QUARTER FINAL 4	2ND POOL 1	VS	3RD POOL 2	
415	11h00	BOYS	U18 CUP SECTION BOTTOM 4	5TH POOL 1	VS	6TH POOL 2	
416	11h45	BOYS	U18 CUP SECTION BOTTOM 4	6TH POOL 1	VS	5TH POOL 2	
417	12h45	BOYS	U18 CUP SECTION PLAYOFFS	LOSER QF1	VS	LOSER QF2	
418	13h30	BOYS	U18 CUP SECTION PLAYOFFS	LOSER QF2	VS	LOSER QF4	
419	14h15	BOYS	U18 CUP SECTION SEMI FINAL 1	WINNER QF1	VS	WINNER QF2	
420	15h00	BOYS	U18 CUP SECTION SEMI FINAL 2	WINNER QF3	VS	WINNER QF4	
421	16h00	BOYS	U18 CUP SECTION POSITION 9TH AND 10TH	WINNER OF GAME 415	VS	WINNER OF GAME 416	
422	16h45	BOYS	U18 CUP SECTION POSITION 11TH AND 12TH	LOSER OF GAME 415	VS	LOSER OF GAME 416	
423	17h30	BOYS	U18 CUP SECTION POSITION 5TH AND 6TH	WINNER OF GAME 417	VS	WINNER OF GAME 418	
424	18h15	BOYS	U18 CUP SECTION POSITION 7TH AND 8TH	LOSER OF GAME 417	VS	LOSER OF GAME 418	

DATE		THURSDAY		21ST DECEMBER 2023			
VENUE		ST CYPRIANS SCHOOL					
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
425	10h10	BOYS	U18 CUP SECTION	BRONZE 3RD VS 4TH			
VENUE		WYNBERG MILITARY BASE					
426	12h00	BOYS	U18 CUP SECTION	GOLD / SILVER 1ST VS 2ND			
	13h00			PRIZE GIVING AT WYNBERG MILITARY BASE			



FIXTURES U18 BOYS SHIELD

U18 BOYS SHIELD SECTION FIXTURES

DATE		MONDAY		18TH DECEMBER 2023			DAY 1
VENUE		FAIRMONT HIGH SCHOOL					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
427	08h00	BOYS	U18 SHIELD SECTION POOL 1		NORTHERNS UNITED	VS	RHINOS
428	08h45	BOYS	U18 SHIELD SECTION POOL 1		TIGERS	VS	COBRAS
429	09h30	BOYS	U18 SHIELD SECTION POOL 1		FLAMES	VS	QUAGGAS WHITE
430	10h15	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	EAGLES
431	11h00	BOYS	U18 SHIELD SECTION POOL 1		RHINOS	VS	TITANS WARRIORS
432	11h45	BOYS	U18 SHIELD SECTION POOL 1		NORTHERNS UNITED	VS	QUAGGAS WHITE
433	12h30	BOYS	U18 SHIELD SECTION POOL 1		EAGLES	VS	TIGERS
434	13h15	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	COBRAS
435	14h00	BOYS	U18 SHIELD SECTION POOL 1		TITANS WARRIORS	VS	FLAMES
436	14h45	BOYS	U18 SHIELD SECTION POOL 1		QUAGGAS WHITE	VS	RHINOS
437	15h30	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	TIGERS
438	16h15	BOYS	U18 SHIELD SECTION POOL 1		EAGLES	VS	COBRAS
439	17h00	BOYS	U18 SHIELD SECTION POOL 1		NORTHERNS UNITED	VS	FLAMES
VENUE		SETTLERS HIGH SCHOOL					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
440	08h00	BOYS	U18 SHIELD SECTION POOL 2		MAMBAS GREEN	VS	CHEETAHS
441	08h45	BOYS	U18 SHIELD SECTION POOL 2		SABLES B	VS	CRANES
442	09h30	BOYS	U18 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	LEOPARDS
443	10h15	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	FIRE
444	11h00	BOYS	U18 SHIELD SECTION POOL 2		CHEETAHS	VS	LIONS BLACK
445	11h45	BOYS	U18 SHIELD SECTION POOL 2		MAMBAS GREEN	VS	LEOPARDS
446	12h30	BOYS	U18 SHIELD SECTION POOL 2		FIRE	VS	SABLES B
447	13h15	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	CRANES
448	14h00	BOYS	U18 SHIELD SECTION POOL 2		LIONS BLACK	VS	KNIGHTS BLACK
449	14h45	BOYS	U18 SHIELD SECTION POOL 2		LEOPARDS	VS	CHEETAHS
450	15h30	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	SABLES B
451	16h15	BOYS	U18 SHIELD SECTION POOL 2		FIRE	VS	CRANES
452	17h00	BOYS	U18 SHIELD SECTION POOL 2		MAMBAS GREEN	VS	KNIGHTS BLACK

DATE		TUESDAY		19TH DECEMBER 2023			DAY 2
VENUE		UCT - COURT 1					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
453	08h00	BOYS	U18 SHIELD SECTION POOL 1		EAGLES	VS	RHINOS
454	08h45	BOYS	U18 SHIELD SECTION POOL 1		COBRAS	VS	QUAGGAS WHITE
455	09h30	BOYS	U18 SHIELD SECTION POOL 1		TIGERS	VS	FLAMES
456	10h15	BOYS	U18 SHIELD SECTION POOL 1		EAGLES	VS	TITANS WARRIORS
457	11h00	BOYS	U18 SHIELD SECTION POOL 1		COBRAS	VS	NORTHERNS UNITED
458	11h45	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	QUAGGAS WHITE
459	12h30	BOYS	U18 SHIELD SECTION POOL 1		TIGERS	VS	TITANS WARRIORS
460	13h15	BOYS	U18 SHIELD SECTION POOL 1		COBRAS	VS	RHINOS
461	14h00	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	FLAMES
462	14h45	BOYS	U18 SHIELD SECTION POOL 1		EAGLES	VS	NORTHERNS UNITED
463	15h30	BOYS	U18 SHIELD SECTION POOL 1		TIGERS	VS	QUAGGAS WHITE
464	16h15	BOYS	U18 SHIELD SECTION POOL 1		VIPERS	VS	TITANS WARRIORS
465	17h00	BOYS	U18 SHIELD SECTION POOL 1		FLAMES	VS	RHINOS
VENUE		COLLEGE OF CAPE TOWN					
GAME	TIME	GENDER	SECTION / POOL		TEAM 1	VS	TEAM 2
466	08h00	BOYS	U18 SHIELD SECTION POOL 2		FIRE	VS	CHEETAHS
467	08h45	BOYS	U18 SHIELD SECTION POOL 2		CRANES	VS	LEOPARDS
468	09h30	BOYS	U18 SHIELD SECTION POOL 2		SABLES B	VS	KNIGHTS BLACK
469	10h15	BOYS	U18 SHIELD SECTION POOL 2		FIRE	VS	LIONS BLACK
470	11h00	BOYS	U18 SHIELD SECTION POOL 2		CRANES	VS	MAMBAS GREEN
471	11h45	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	LEOPARDS
472	12h30	BOYS	U18 SHIELD SECTION POOL 2		SABLES B	VS	LIONS BLACK
473	13h15	BOYS	U18 SHIELD SECTION POOL 2		CRANES	VS	CHEETAHS
474	14h00	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	KNIGHTS BLACK
475	14h45	BOYS	U18 SHIELD SECTION POOL 2		FIRE	VS	MAMBAS GREEN
476	15h30	BOYS	U18 SHIELD SECTION POOL 2		SABLES B	VS	LEOPARDS
477	16h15	BOYS	U18 SHIELD SECTION POOL 2		FOXES CUBS	VS	LIONS BLACK
478	17h00	BOYS	U18 SHIELD SECTION POOL 2		KNIGHTS BLACK	VS	CHEETAHS

FIXTURES U18 BOYS SHIELD



DATE		WEDNESDAY		20TH DECEMBER 2023		DAY 3	
VENUE			SUNNINGDALE SPORTS COMPLEX				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
479	08h45	BOYS	U18 SHIELD SECTION POOL 1	EAGLES	VS	QUAGGAS WHITE	
480	09h30	BOYS	U18 SHIELD SECTION POOL 1	TIGERS	VS	RHINOS	
481	10h15	BOYS	U18 SHIELD SECTION POOL 1	COBRAS	VS	TITANS WARRIORS	
482	11h00	BOYS	U18 SHIELD SECTION POOL 1	VIPERS	VS	NORTHERNS UNITED	
483	11h45	BOYS	U18 SHIELD SECTION POOL 1	EAGLES	VS	FLAMES	
484	12h30	BOYS	U18 SHIELD SECTION POOL 1	TITANS WARRIORS	VS	QUAGGAS WHITE	
485	13h15	BOYS	U18 SHIELD SECTION POOL 1	TIGERS	VS	NORTHERNS UNITED	
486	14h00	BOYS	U18 SHIELD SECTION POOL 1	VIPERS	VS	RHINOS	
487	14h45	BOYS	U18 SHIELD SECTION POOL 1	COBRAS	VS	FLAMES	
488	15h30	BOYS	U18 SHIELD SECTION POOL 1	TITANS WARRIORS	VS	NORTHERNS UNITED	
VENUE			FISH HOEK HIGH SCHOOL				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
489	08h45	BOYS	U18 SHIELD SECTION POOL 2	FIRE	VS	LEOPARDS	
490	09h30	BOYS	U18 SHIELD SECTION POOL 2	SABLES B	VS	CHEETAHS	
491	10h15	BOYS	U18 SHIELD SECTION POOL 2	CRANES	VS	LIONS BLACK	
492	11h00	BOYS	U18 SHIELD SECTION POOL 2	FOXES CUBS	VS	MAMBAS GREEN	
493	11h45	BOYS	U18 SHIELD SECTION POOL 2	FIRE	VS	KNIGHTS BLACK	
494	12h30	BOYS	U18 SHIELD SECTION POOL 2	LIONS BLACK	VS	LEOPARDS	
495	13h15	BOYS	U18 SHIELD SECTION POOL 2	SABLES B	VS	MAMBAS GREEN	
496	14h00	BOYS	U18 SHIELD SECTION POOL 2	FOXES CUBS	VS	CHEETAHS	
497	14h45	BOYS	U18 SHIELD SECTION POOL 2	CRANES	VS	KNIGHTS BLACK	
498	15h30	BOYS	U18 SHIELD SECTION POOL 2	LIONS BLACK	VS	MAMBAS GREEN	

DATE		THURSDAY		21ST DECEMBER 2023		DAY 4	
VENUE			ST CYPRIANS SCHOOL				
GAME	TIME	GENDER	SECTION / POOL	TEAM 1	VS	TEAM 2	
499	09h20	BOYS	U18 SHIELD SECTION	BRONZE 3RD VS 4TH			
VENUE			WYNBERG MILITARY BASE				
500	10h10	BOYS	U18 SHIELD SECTION	GOLD 1ST VS 2ND			
	13h00		PRIZE GIVING AT WYNBERG MILITARY BASE				

THE ELEPHANTS ARE BACK



FRANCHISE OWNER Jack Thonissen
FRANCHISE MANAGER Tarrin Ramsden



BEARS

U16 Boys

COACH: Tristan van der Spuy

Barend Vorster
WJ Greyling
Aobakwe Phengu
Wian Griesel
Cayden Potgieter
Bernard Saaiman
Jeanre Adendorff
Eben Sander
Jamel Jordaan

U16 Girls

COACH: Tarrin Ramsden

Lienke Lloyd
Janelle Oosthuizen
Anje Blom
Ilanze Du plessis
Martsò Horn
Lee-o-nay Andrews
Nianke Visser

U18 Girls

COACH: Kim Mentor

Karla Marais
Orefemetse Motiyane
Imone Coetsee
Reatile Pitso
Merisione Mokone
Megan Benson
Anebel Venter



FRANCHISE OWNER Vusi Nkosi
FRANCHISE MANAGER Jolene Herbst

CHEETAHS

U18 Boys

COACH: Coaches Siya Sibanyoni

ASSIST. COACH: Thabo Pitse

Damiane Matsimane

Ruduan Roux

Nkosi Nkosi

Wandile Ngwenya

Kamogelo Koloti



FRANCHISE OWNER Liese-Marië Botha
FRANCHISE MANAGER Liezl Kellerman

COBRAS

U16 Boys

COACH: Stefan Cronje

MANAGER: Frannie Langenhoven

Colen Fransman (GK)
Divan Nysschens
David Wright
Arno Cornelissen
AJ Kokott
Jandre du Preez
Heinrich Koegelenberg
Christian Carstens
Nico Geldenhuys

U18 Girls

COACH: Gideon Rossouw

MANAGER: Amanda Kotze

Chelsea Mostert (GK)
Ryeleigh Lentz
Kathleen Kellerman
Nina Kotze
Carli de Klerk
Bayla Lentz
Lize-Mari Geldenhuys
Alexa Koegelenberg
Lienke Oosthuizen

U18 Boys

COACH: Liese-Marië Botha

Ezekiel Richards (GK)
Marco Storm
Kino Meintjes
Benjamin Kellerman
Yoshwin Padayachee
Henro du Preez
Johen Pietersen
Nico Coetzee
Jannich Bezuidenhout



FIRE

U18 Boys

COACH: Patrick Mayekiso

ASSIST. COACH: Gloria Baartman

Siya Hashe
Mbasa Pilingane
Lihle Nojekwa
Asivile Basse
Iviwe Sibinda
Anda Dike
Hlumelo Mandindi
Lakheni Ntaka
Luthando Jim
Mihlali nobatana

U16 Girls

COACH: Lindelwa Zibi

Inam Gungubele
Onke Bathwa
Funeka Khuze
Imange Xhongo
Anitha Sontshatsha
Sihle Cuba
Awande Sithuba
Onele Nodada
Nokwakhe Sibinda



FLAMES

U16 Boys

COACH: Forbes Thindwa

MANAGER: Tsungai Chadzinya

Tipi Elijah

Nashe Matambo

Irvin January

Mohamed Keriah GK

Carlton Chapungu

Yves Kagne

Tatenda Musendekwa

U16 Girls

COACH: Kanyiwe Tafuma

MANAGER: Tafadzwa Makamure

Mufaro Matambo

Chloe Magwede

Stephanie Bwerinofa

Asante Ali

Nyasha Bvute

Veneka Mutsai

Ruvarashe Mushavi

Ruvarashe Gaka

U18 Boys

COACH: Takunda Chipumha

MANAGER: Edgar Muchibwa

Kevin January

Kundai Nyatsanza

Shawn Mugavha

Daniel Zifudzi

Blessing Mwanza

Kupakwashe Chinyanga

Dean Muzengeza

Stephen Kudya

U18 Girls

COACH: Tendayi Maredza

MANAGER: Runyararo Chadzinya

Nyasha Nyaguze

Tanatswa Mukotekwa

Tinodiwanashe Elijah

Jessica Bwerinofa

Zandile Chiumbu-Maseko

Anike Mparuri

Mutsawashe Musiyiwa

Tanyaradzwa Masamba

Ayanda Ngwenya



FRANCHISE CO OWNER Josie Milella, Julian Hykes
& Omari Pienaar Geyer

GIANTS

U16 Boys

COACH: Frederick Schoeman

Angelo Dimitriadis
Barry Visser
Busisa Mabaso
Darshan Moodley
Dylan Jonker
Elijah Maseko
Jensen Ray
Manav Jungbahadur
Vibhav Bhimson
Jake Fulton

U16 Girls

COACH: Thabisang Setloboko

Chene Oosthuizen
Elizca Lotz
Jani Uys
Kaelyn Keyser
Lize Wiltz
Mieke Van Antwerpen
Mila Badenhorst
Nadia Treadwell
Zoe Le Roux

U18 Girls

COACH: Kaylim Bowers

Amber Fairon
Angele Vogel
Anneri Vorster
Ayla Kruger
Elreese Slabbert
Ester Prinsloo
Hannah Wells
Luane Janssen



FRANCHISE OWNER Errol Davis

GRYPHONS

U16 Boys

COACH: Fawaaz Kahder

Jared Engela GK
Caleb Haupt GK
Ryan Gallichen
Matthew Gerber
Thomas McMurdo
Oabile Molefe
Dikgang Motingoe
Nicholas Stevendale
Julian Williams

U18 Boys

COACH: Melrick Maddocks

Ntheteng Mogotlane GK
Wanrigh Vos GK
Tristan Fredericks
Murray Halstead-Cleak
Joshua Hickel
Lucan Hykes
Matthew Lea
Keelan Linden
Matthew Marais
Tshedza Rasalanavho
Matthew Von Holdt
Devin Wax

U16 Girls A

COACH: Errol Davis

Stella Alves GK
Raffael Abrahams
Nicole Chikweshe
Jessie Earlam
Jemma Ferreira
Katarina Jardim
Cshivay Jayram
Zoë Opaleye
Dannika Ramroop
Bokamoso Swazi

U16 Girls B

COACH: Charlene Hackett

Khensani Rantie GK
Emily Bennett
Nikita Du Plooy
Natalia Jardim
Morgan Kemp
Keletso Matlawe
Brooklyn McGregor
Lufuno Tshikwatamba
Mphoentle Tshikudo



**GAUTENG
GRYPHONS**

FRANCHISE OWNER Errol Davis

GRYPHONS

U18 Girls A

COACH: Seth Goodwin

Nerissa Wentzel GK

Taheera Augousti

Cyanda Bekker

Alex Bennett

Hannah Gerber

Paris-Gail Isaacs

Zuhrah Kester

Janien Korsten

Sinothile Ngema

Jenna Saunders



FRANCHISE OWNERS Chris Gibson & Robert Goslett
FRANCHISE MANAGER Jonty Thomas

KNIGHTS

U16 Boys Red
COACH: Kyle Esau

Adam Lietch
Aiden Topper
Charl Van Niekerk
Daniel Graser
Elijah Petersen
Jacque van Dyk
Logan Glasby
Nathan Glasby
Ricardo Voshol
Thomas Day
Treddy Magema

U16 Boys Black
COACH: Chris Johnson

Andrew Rossouw
Bailey Tunney
Caden Franken
James Van Rensburg
Jannek Rossouw
Jean-Luke Pretorius
Ryan Groenewald
Savio Bothma
William Herbst

U16 Girls Red
COACH: Ryan Byrne

Anjum Kazie
Cameron Corner
Carin Byrne
Chelsey McGregor
Danielle Joubert
Emma Filby
Kiara Kommer
Maddison Ackerman
Peyton Marais
Tatum O'Brien

U16 Girls Black
COACH: Gareth Jones

Ami Coue
Amy Ferreira
Anja Pretorius
Carla Tranter
Danica Muller
Gabi Grasso
Savannah Pressence
Talné Bezuidenhout



FRANCHISE OWNERS Chris Gibson & Robert Goslett
FRANCHISE MANAGER Jonty Thomas

KNIGHTS

U18 Boys Red

COACH: Gerhard Bezuidenhout

Alex Crause
Caleb Ferreira
Dean Carrick
Jaigus Logenstein
Keegan Rodger
Kyle Masters
Raif Duncan
Ray Bonnet
Ryan Topper

U18 Boys Black

COACH: Corben O'Ryan

Kaden Laubsher
Kyle Barry
Kyle Hadley
Luca Karsten
Ryan Perkins
Thaylen Gilbert
Vian Kruger
Jared Swartz

U18 Girls

COACH: Liam Lloyd

Alex Wilken
Amy Harries-Jones
Emily Bezuidenhout
Gabriella Mayer
Jade Regart
Juane Visser
Keziah Petersen
Leah Petersen
Nina Adlem
Sienna Graser
Zané Grobbelaar



FRANCHISE OWNER: Tatenda Mabayah

LEOPARDS

U16 Boys Cubs

COACH: Jan Grobler

Tristin Bredenkamp
Edrich Moolman
Alex Marais
AJ Galloway
Parth Patel
Murilo Patricio
Pelo Molepo

U16 Boys

COACH: Innocent Chiwanika

Lefa Mamabolo
Erich Vorsartz
Amon Negogogo
Hanru Marais
Kitimela Mamashela
Wayne Machaya
Lefa Mamabolo

U18 Boys

COACH: Eddie Human

Marc Day
Adrian Coetzee
Lethabo Moagi
Matome Manthata
Hancu Moolman
Karabo Chuene
Kgedi Manthata

U16 Girls

COACH: Tatenda Mabayah

Erne Kotze
Isabella Jardim
Isabella Brett
Ilne Kotze
Veronique VD Bank
Simone Faver
Ilse Marais
Kelly Matswiki
Anesu Kamera

U18 Girls

COACH: Ashley Van Schalkwyk

Aluska Zaayman
Robin Oberholzer
Dineo Letsoalo
Anmari Grobler
Lane Kasselman
Elandri Geldenhuys
Clerize Vosloo
Marili Nel
Ammerie Jansen Van Vuuren



FRANCHISE OWNER Greg Barnard
FRANCHISE MANAGER Ilani Pretorius

LIONS

U16 Boys

COACH: Siya Earlam

MANAGER: Tamrin Barnard

Heinrich Cilliers
Kenrick Duncan
Michael du Toit
Joshua Duvenage
Marcello Heidmann
Ruan Klaassen
Ross Mountford
Dihian Naidoo
Cade Porter
Alix Snyders

U18 Boys

COACH: Don Blake

MANAGER: Abbey Blake

Devin Barnard
Cuan Basson
Ben Benjamin
Declan Blake
Douglass Duncan
Tyrique Joseph
Boipelo Koloti
Joshua Hutcheson-Sweets

U16 Girls

COACH: Matthew Burton-Durham

MANAGER: Franchesca Clark

Chloe Botha
Leane Buckle
Alexandra Clark
Charlie Dalling
Keira-Marie Heintje
Mia Johnson
Megan Ras
Kaylee Symens
Ciara van der Walt

U18 Girls Black

COACH: Teboho Moepye

MANAGER: Ilani Pretorius

Taylor Billett
Zara Colyn
Nina Evans
Daniella Hunziker
Keovaan Jansen
Ashley Lanham Love
Amy McEwan
Andreia Sequeira
Amy Smith

U18 Girls White

COACH: Des Golach

MANAGER: Debbie Friend

Mieke Coetzee
Ashlee Howard
Lesedi Magondo
Nozipho Magondo
Elrika van Jaarsveld
Danelia Price-Hughes
Jaycee Wessels
Nina Fitton



FRANCHISE OWNER Tracey Flowers
FRANCHISE MANAGER Frank Flowers

MAMBAS BLACK

U16 Boys

COACH: Frankie Flowers

Adriaan Booysen
Benjamin Nel
Daniël Van Wyk
Jeandré Schoombie GK
Jethro Schmidt
Lehan Roux
Logan den Bakker
Prince Moeng
Ricardo Jardim
Rich Thabang

U18 Boys

COACH: Coach: Michael Kendall
MANAGER : CJ Mahlangu

Ameen Tikly
Amogelang Nijane
Benjamin Paul Parsons GK
Ditebogo Masango
Juan van Wyk
Keanu Gustaf Pienaar
Morné Janse van Rensburg
Pholoso Mola
Randel Green
Xander van niekerk

U16 Girls

COACH: Frankie Flowers
MANAGER: Charlize Swanepoel

Andile Mabena
Bathobile Masuku
Dené Botha
Grethe Martin
Karla leemans
Karli Engelbrecht
Sanesca Swanepoel GK
Saskia Smith
Tine Jenkins

U18 Girls

COACH: Marco Da Silva

Abigail Amber Esterhuizen
Divania Naicker
Jonelle Hanilton-Attwell
Lethabo Matlala
Nika Geldenhuys
Roaldi Jenkins GK
Unice Pieterse
Zeetah Hendricks



FRANCHISE OWNER Tracey Flowers
FRANCHISE MANAGER Frank Flowers

MAMBAS GREEN

U16 Boys

COACH: Ivan Engelbrecht

Kwandokuhle Mahlangu
Loui Mogau Radingoana
Luan Viljoen
Murangi Netsianda
Sebastien Senekal
Sifiso Skosana
Tyler Alister Hendry
WJ van Straaten
Luke Louis Ogilvie GK
Banele Ndlovu

U18 Boys

COACH: Nathi Masango

Bryce neveling
Ethan Jethro Zwart
Karabo Malau
Kwazi Sibisi
Lwazi Nchabeleng
Philipus vd Berg GK
Sphamandla Msiza
Lukhanyo Mtebeni

U16 Girls

COACH: Sunelle Jooste

Tyla Longueira
Kylie Waldeck GK
Lume Zaaïman
Luyanda Mokoeni
Michayla Anne Hayton
Nokubonga Mukwena
Ofentse Chauke
Siphiwe Thwala
Abigale Brandmuller



FRANCHISE OWNER Tracey Flowers
FRANCHISE MANAGER Frank Flowers

MAMBAS

U16 Boys Yellow

COACH: Cian Sharp

MANAGER: Joshua Blake

Dimpho Mabuza

Jabu Masangu

Jayden Swart

King Xaba

Louis Hendrik Nortje

Otsile Deane GK

Owen Makama

Siphesihle Bodlingwe

Waydon Loxton

U16 Girls Yellow

COACH: Izandrie Botes

Carla du Toit

Demi claeys

Leanke Erasmus

Livia Mari de Bruin

Mia Combrink

Naledi Msibi

Nobuhle Maseko

Nusayba Tariq Shehzad

Priority Nobuhle Owethu Sibiya GK

U16 Boys White

COACH: Connor Flowers

Churchill-Junior Mahlangu

Ethan Fourie

Luke Andrew Delagey

Sabelo Maluleke

Thabo Maseko

Tlholo Mafutsana

Quinton Haarhoff

Luan Waldeck

Connor JV Rensberg

Janko Erasmus

Ruan Venter GK

U16 Girls White

COACH: Chanari van Greunen

Andile Jezile

Esona Shekinah Nyangane

Janke van Heerden

Juane Zaaiman

Kekeletso Mosala

Palesa Matlhare

Reabetswe Makgoka

Tshegofatso Mokou

Ubuhle Malinga

Kenya Zwane



FRANCHISE OWNER Jack Thonissen
FRANCHISE MANAGER Kim Hubach

NORTHERNS UNITED

U16 Boys

COACH: Kenny Kgongwane
MANAGER: Boipelo Moloisane

Reghardt Swart
Douw Nel
Roche Oberholzer
Emile Rossouw
Caylem Mitchell
Marnu Mulder
Jordan Cooks
WArona Mphahlele
Kedrick Bekker

U18 Boys

COACH: Kagiso Mathaba
ASSIST. COACH: Thabo Masmemola
MANAGER: Ayrton Matthews

Tertius Combrink
MJ van der Nest
Dalyxolo Ndlovo
Marco van Vuuren
Rohe Naidoo
Wilco Olivier
Luke Brits
Avela Sibisi
Jaydyn Paul Alexander Mitton

U16 Girls

COACH: Onthatile Khoza
MANAGER: Kim Hubach

Keila du Rand
Realiboga Moloisane
Thato-ya-Ona
Onthatile Kadiege
Jaimee Wolfard
Gabrielle Smit
Alexis Michaela Hector

U18 Girls

COACH: Charles Stirling
MANAGER: Boipelo Moloisane

Anneke Kloppers
Cheliegh Watson
Zani Engelbrecht
Nicola Meyer
Dionne Nel
Katelyn Blokpoel
Alexis Michaela Hector



FRANCHISE MANAGER Khanya Fatyela

OAKS

U16 Boys

COACH: Aya Ncoyo

MANAGER: Khanya Fatyela

Luthando Mgaguli (c)

Luxolo Mgaguli

Victor Tokwe

Chulumanco Mrhululu

Ikamva selanto

Ricardo Voshol

Asakhe Makinana

Anele Mlunguza

Siya Man



FRANCHISE OWNER Zita Texeira
FRANCHISE MANAGER Mildred Roberts

QUAGGAS

U16 Boys

COACH: Zeta Teixeira

MANAGER: Mildred Roberts

Luca Mion

Connor Odgers

Nidhish Rajpal

Rhett Zillen

Alessio Dos Santos

Tamir Soma

Jayden Human

Christopher Burnham

Kayden Van Blommestien

U18 Boys Black

COACH: Njabulo Shongwe

Jarrad Rahman

Byron Comley

Josh Grobler

Ethan Kapanda

Matso Kgabi

Nicholas Vingos

Marco Upton

Jack Waddell

Marciano Teixeira

U16 Girls

COACH: Shivan Vengatsammy

Carmen Venter

Zanthe Basson

Annuscha Basson

Kiara Boshoff

Amohelane Madontsela

Amohetswe Madontsela

Tracy Lee Bronkhorst

Kayla Van Wyk

Khumo Nhlapo

U18 Boys White

COACH: Zwelihle Mthembu

Lindelani Mutavhatsindi

Ethan Murray

Gianluca Gattesco

Dennis Pontes

Tebogo Makwela

Odirile Nkosi

Ethan Alt

Ethan Minnie



FRANCHISE OWNER Joe Schoeman

RHINOS

U18 Boys

COACH: Simon Harrison

Francois Louw (GK)
Joachim Prinsloo (C)
Theuns Meyer
Waldemar Graham (VC)
David Botha
Jevandrey Moore
Lindokuhle Ngwenyama
Nico Meyer

U16 Girls

COACH: Alan Beker
MANAGER: Toiné Schoeman

Diané van der Walt (GK)
Nina Bester
Joané Basson
Carla Grobbelaar
Kaylee Douglass
Xi-Ané Roets
Kiara Craven (C)
Katlego Skhosana (VC)
Alyssa Reynolds

U18 Girls

COACH: Joe Schoeman
MANAGER: Jopie Haycock

Dikgabile Fanyana (GK)
Cynthia Strydom
Ntombi Nxumalo
Zama Madensela
Tamryn Haycock (VC)
Angélica Graham (C)
Chaney Prinsloo
Anniké Rossouw
Naledi Masiye
Isabel Prinsloo



FRANCHISE OWNER Erica Combrink

SABLES

U16 Boys A

COACH: Sean Slater

Armand Basson
Danny Büsse
Daniel du Plessis
Bernard du Toit
Tiaan Janse van Rensburg
Jens Janse van Vuuren
Quintus Lutsch
Lucca Reinstorf
Emile van Rensburg

U16 Boys B

COACH: Sugun Pillai

ASSIST. COACH: Johandré Hoon

Rubin Barnard
Johnny-Lee Gouws
Dominic Joshua
Noah Murray
Lethabo Rapelego
Edrich Smuts
Onako Thembile
Morgan Winson-Lagerwey

U16 Girls A

COACH: Hayley Elcombe

Catherine-Lee Gouws
Kiera Harding
Johanique Hutten
Mieke Lötter
Nicole May
Roxy Naude
Ashlee Petersen
Anika Pretorius
Suanne Steyn
Rinelle van der Westhuizen

U16 Girls B

COACH: Christelee Delport

ASSIST. COACH: Kelly Sinkfontein

Amoné Billing
Izelle Conradie
Almiré de Villiers
Nina du Plessis
Nicole Fourie
Zehani Lodewyk
Andrea Machelm
Tamaryn May
Imke Mulder
Quré Roets
Charlize van der Walt



FRANCHISE OWNER Erica Combrink

SABLES

U18 Boys A

COACH: Zaid Pillay

Reegan Bakker
Gabriel Bocker-Corns
Tshepo Kolonzi
Braiden Machelm
Ethan Raubenheimer
Phillip Rothman
Zack van der Mescht
Nel Visagie

U18 Boys B

COACH: Jan van der Merwe

Herco Beukes
Jean du Plessis
Thinus Erasmus
Tristen Jacobs
Wéhan Meyer
Luka Otto
Jean Stolze
Gerald van der Heyde
Carl Wilson



FRANCHISE MANAGER Rachel Barnard

STALLIONS

U16 Boys

COACH: Luke Barnard

Chase Smith
Kobus Botha
Sihle Sogoni
Ethan Maltby
Darryn Bridgeford
Viwe Ndlovu
Reagan Mudau
Robert Burman



TITANS CHAMPS

U16 Boys

COACH: Claudine Calitz

Andrea Clerihew
Duardt Tollig
Jay-Dee Carolus
Kabo Mulaudzi
Luken Brunette
Matteo Stipceovich
Miko Grobler
Owen Mc Menamin GK
Wium van Niekerk

U18 Boys

COACH: Dean Lamprecht

Byron den Bakker
David Baxter
Hein Seebach
Joshua Renders GK
Liam Billett
Micah Sonn
Miguel de Jesus
Sukuma Shirata
Tyler Napier

U16 Girls

COACH: Micaela Roos

Andrea Groenewald
Anouk du Plessis
Brigit Arndt
Jana Seebach
Juliet Horton
Kate Horton
Lisa Grey
Maya Henn GK
Mikela Harmse

U18 Girls

COACH: Dario Lourenco

Abby-Lee Steyn
Anja Tromp
Cailyn Jordaan
Carlien Petzer
Danielle van Zyl GK
Minette Lourens
Olivia Dillon
Shanna Brown
Ualize Truter



TITANS BEASTS

U16 Boys

COACH: Jordan Calitz

Adrian Vosloo GK
Brighton Sibiya
Ewan Postma
Gregory Ladiellis
Heinke Meijer
Jethro Hardy
Junior Moloisane
Matthew Baxter
Páidin Gray

U16 Girls

COACH: Hilton Jacobs

Chelsey Mancini
Clarissa Dreyer
Clarissa Kaufman
Emma Büchner
Leilani Viljoen GK
Liya Steyn
Megan Knowles
Renette Strydom
Tayla Cunningham

U18 Boys

COACH: CG Odendaal

Alex Kruger Grobler
Dian Jansen van Rensburg
Janu Venter
Jeron Hugo
Owen Kleinhans GK
Rein Arndt
Robert Hassenkamp
Shaun Riekert
Zack Richardson

U18 Girls

COACH: Legae Mentoor

Eleni Zigiriadis
Joané Venter
Lienka Els
Lorijke Müller
Marli Liebenberg
Masego Molamu
Mija Kliment
Natalie Vermandele
Thamzyn Manus



TITANS

U16 Boys Joes

COACH: Dolan da Silva

MANAGER: Jaco Koen

Conrad Koen
Jarryd Gordon-Watt
Jason Pressly GK
Jayden Da Silva
Joshua Van Staden
Juan Martin
Milan Stipceovich
Nathan Potgieter

U16 Boys Warriors

COACH: Masilo Mokoena

Ilia Efstratoudakis
Jude Robbertze GK
Liam Brooker
Manqoba Khumalo
Morné de Villiers
Ruben Steenberg
Tiaan Gouws
Tristan Hawkins

U16 Boys Legends

COACH: Devin Allen

Wayne Mutamba
Deon van Garderen
Frantus Pelser
Hanru Pienaar
Ian Mentz
Jardus Mans
Mihlali Bungane
Kamogelo Lediga
Victor Marais

U16 Girls Warriors

COACH: Dylan Casey

Jacqueline Taylor GK
Anje de Bruin
Annerine Croukamp
Birgitte Weideman
Caréne le Roux
Carli Stander
Lyuba van Niekerk
Tatum Renze
Dzuvha Khorommbi

U18 Boys Warriors

COACH: Lesedi Leeuw

MANAGER: Ryan Preston

Liam Frankim
Leano Morakile
Neil Ehlers
Pierre Joubert
Sean Meiring
Keon Pearse
Euan Frankim
Tuduetso Monnanyana
Vian Schutte



FRANCHISE OWNER Les Kirsten

VIPERS

U16 Boys

COACH: Kevin Chree

ASSIST. COACH: Dylan Scholtz

Chulu Mkontwana

Scott Gordan

Jacques Du Toit

Greg Rodwell

Ben Atkinson

Tyler Du Plooy

Keegan Le Roux

Dale Jennings

James Chree

Dante Elkington

U18 Boys

COACH: Tyde Harrison

MANAGER: Joel Sincock

Xander Elkington

Degan Telfer

Noah Peo

Jack Olivier

Troy Kemp

Joe Cowper-Johnson

Trent Gunn

Trent Olivier

Mihlali Louw

U16 Girls

COACH: Ignatius Malgraff

ASSIST. COACH: Ferzaana Fredericks

Casey Pautz

Tanna Cuff

Anna Porter

Hanna Potgieter

Nina Mitchell

Cassidy Williams

Lumé Barnard

Gemma Bower

Isabella Maria Costa Gamaleri

U18 Girls

COACH: Dalan Phillips

ASSIST. COACH: Melissa Gillies

Rebecca Haswell

Elizabeth Porter

Jaime Gillies

Kerrin Gillies

Kyla Nienaber

Nina Ferreira

Hannah Griffin

Jemma Maartens

Annemi De Villiers



SEALS

U16 Boys Seal Pups

COACH: Gary Stevens

MANAGER: A'ishah Ebrahim

Cameron Groves
Chavez Sanger
Daniel Fisher
Daniel Rightford
Ethan October
James Engelbrecht
Luc Dicey
Martin Barnard
Mohlodi Maseko
Oliver Roach

U16 Boys

COACH: Pierre le Roux

Adam Gibbon
Ethan Daniels
Jo le Roux
Joe Gitlin
Joshua Beattie
Litha Kraai
Lorenzo Virissimo
Reece Theunis
Tom Gordon
Zach Redfern

U16 Girls Seal Pups

COACH: Aslam Bezuidenhout

Ella-Grace Gray
Emily Brink
Isabella de Abreu
Jaime Thompson
Julia Christodoulou
Kaitlin Jordan
Katie Featherstone
Madeleine Surtees
Refi Mothekhe
Tess Ryan

U16 Girls

COACH: Sasha Sivertsen

MANAGER: Miche Bennett

Bella Amm
Christina Caryer
Hannah Henderson
Hayley Lewis
Jehan Abrahams
Kira Totaram-Jacobs
Leah Hofmeyr
Rebecca Loggenberg
Sam Flint
Sarah Ashbolt

FRANCHISE OWNER Simon Martin
FRANCHISE MANAGER Luke Thonissen



SEALS

U18 Boys

COACH: Shudley Hendricks

MANAGER: Phemelo Ramatlotlo

Ethan Lee
James Grieve
Josh Opperman
Joshua Mettler
Liam Haupt
Noah Venter
Ozair Pillai
Robert Veldtman
Rowan Davis
Wayne Mandabva

U18 Girls

COACH: Shaun Henshilwood

Alexa Knott
Ciara Williams
Emily Adams
Jesse Gradwell
Jodie Blows
Mballi Antony
Mia Andrew
Sofia Dearnaley
Stella van Schalkwyk



SHARKS

Sharks

U16 Boys

COACH: Liam Sorensen

Aadam Thompson
Cameron Cordeiro
Charlie Naylor
Jake Ascott-Evans
Joel Widan
Marley Musasa
Michael Mafunda
Scott Wilkins
Tristan Bischoff
Zack Alexander

U18 Boys

COACH: Matthew Storti

Abdul-Aziz Thompson
Andrew Raubenheimer
Cole Allam
Dayle Gertson
Jordan Paulsen
Joshua Thompson
Liam Traest
Nick Paxton
Thomas Stewart
Zach Raizenberg

U16 Girls

COACH: Kauthar Petersen

Caila McKend
Emma Birtles
Georgia Maw
Jodi Smith
Khadijah Conrad
Madison Eskinazi
Micayla Mockford
Tara Smyly
Tatum Malherbe
Zara Berrisford

U18 Girls

COACH: Bianca van Reenen

Chloe Thomas
Emma Loggenberg
Gemma Purcell
Jessica Brown
Kate Opperman
Leya Bam
Lucy Kane
Nina Matthysen
Rachel Kane
Zahraa Parker

FRANCHISE OWNERS Simon Martin
FRANCHISE MANAGER Luke Thonissen



SUNBIRDS

U16 Girls

COACH: Casey Coetzee

MANAGER: Rebekah de Kock

Alice Bailey

Amalia Alexander-Smit

Charlotte Douglas

Christina Philippides

Gemma Parkin

Georgie MacKay

Imaan Davids

Jenna Petersen

Zanda Matiwana

Zara Meyer



FRANCHISE OWNER Bruce Jacobs

FOXES

BOLAND
Foxes

U16 Boys

COACH: Sadullah Abrahams

Aidan Hughes
AJ MOSTERT
Callum van Oudtshoorn
Christo Swanepoel
Joe van Coller
Logan Lackay
Ryan van der Merwe
Seth Paterson
Stefan Wiehahn

U18 Boys

COACH: Lazzario Brown

Izak de Wet
James Shone
Joey Baylet
Kent Sheard
Louán van Zyl
Michael Royden Turner
Reuben Sendzul
Sebastian Phillips
Zeke Hougaard
Ziya Davids

U16 Girls

COACH: Chris Gerber

Emeri Botes
Grace Hobbs
Leah du Plessis
Minke Botha
Nika Pretorius
Pippa Viljoen
Puck Bakker
Sarah-Ellen Groenewald
Shené du Plessis

U18 Girls

COACH: Scott Hendricks

FOXES

Alexandra Eagles
Anine le Roux
Baylee Engelke
Bianca de Guisti
Cassidy Booyens
Danielle Theunissen
Jade Avenant
Kaitlyn van Binsbergen
Ruby Cilliers



FRANCHISE OWNER Bruce Jacobs

FOXES CUBS

BOLAND
Foxes

U16 Boys Foxes Cubs
COACH: Keelan Tobin

Danesh Titus
Jeandre Cilliers
Keegan Murphy
Luca Jordaan
LUKA MEETS
Martin De Bruyn
Matthew Cardoza
Ruben Gouws
Tylor Carter

U18 Boys Foxes Cubs
COACH: Matt Smith

Anko Gouws
Cameron Wells
Dan Lurie
Graham Smal
LD Nel
Marais Westraat
Matthew Temmis
Pieter Eugen Von Maltitz
Ruan Strauss

U16 Girls Foxes Cubs
COACH: Leo Nolan

Anya Swanepoel
Elrie Pienaar
Ghita Husselmann
Jemma Boulton
Leila Holtzhausen
Lucy Le Roux
Olivia Hagen
Carla Jooste
Lucia Marcus

FRANCHISE OWNER Bruce Jacobs

SCORPIONS



RICHMOND
Scorpions

U16 Boys

COACH: Theon Theron

AJ Fourie

BENJAMIN DERICK TRAUT

Francois Mouton

Henre Kotze

Juan-Pierre Duvenage

Luan Bornman

Connor Johnson

Schalk van Wyk

Ethan Joel van Heerden

U16 Girls

COACH: Camin Herholdt

Danel Loubser

Hanene Vergottini

Hope Klerck

Ivy-Ann Oates

Kerry-lee Basson

Nina Haarhoff

Rebecca Vos

Suné Theron

Emily Gebhardt



FRANCHISE OWNER Trevor & Shayne Cormack
FRANCHISE MANAGER Jerri & Kiana Cormack

HAWKS

U16 Boys A

COACH: Jerrica Cormack
MANAGER: Dakota Hansen

Zach Philander
Arnaud Marais
Ethan January
Mathew Lassen
Ludwig van rooyen
Nelson Nseu
Abraham Graham
Liam Bruys
Lyle Bruys

U16 Boys B

COACH: Darren Enslin

Max Fourie
Shayan Azadeh
Russel Fick
Ben Fourie
Benjamin Prinsloo
Daniel de Wet
Daan Janse van Rensburg
Mark Wallace

U18 Boys

COACH: Christo Du Raan

Keon Azadeh
Dillan Sinclair
Sampie Venter
Ruan Schrader
Rudi Prinsloo
Joshua Hatton-Jones
Rylan Bombosch
Jack Fourie
James de Jager

U16 Girls A

COACH: Adrea Grogli

Jasmine Cartwright
Nicola Fourie
Marlene Coetzee
Alice Rowles
Onique Bezuidenhout
Tuli Nott
Abi Rowles
Tamara Grögli

U16 Girls B

COACH: Vanessa Schoeman

Zoë du Toit
Kaylee Bella Oehley
Karie van Schalkwyk
Vanessa Do Carmo
Catherine Mvula
Oyo Hinda
Amy Garrels
Zoe van Niekerk

U18 Girls

COACH: Jacko Fourie
MANAGER: Rheta Fourie

Anri Jacobs
Erin Moffett
Zoe Nott
Mia Karsten
Annica Higgs
Kyla Gille
Jordan Hatton-Jones
Marike Neethling
Kyla Landsberg



FRANCHISE OWNER Trevor & Shayne Cormack
FRANCHISE MANAGER Jerri & Kiana Cormack

EAGLES

U16 Boys

COACH: Rico Brand

Neil Jonck
Tonateni Nghifewa
Sebastian Van Vuuren
Herco Louwrens
Carnalito Mostert
Andrew Potgieter
Angelo Bertolini
John-Freddie Faul
Navid Azadeh-Ghamsari

U16 Girls

COACH: Fenesta Pienaar

Simone Kotze
Paulina Iikela
Reece Underhill
Kaylin-nicole Le Roux
Cara Kruger
Leah Powell
Amory Gouws

U18 Boys

COACH: Matuu Kavikairiua

Laurence Potgieter
Ngumatja Handura
Cameron Fraser
Ujenenisa Kuzeeko
Brydonn Gaomab
Paulo Jensen
Alex VD Merwe
Darius Enslin



FRANCHISE OWNER Trevor & Shayne Cormack
FRANCHISE MANAGER Shahied Abrahams

CRANES

U18 Boys

COACH: Shahied Abrahams

Luca De Silva

Ewan Mans

Stephen Fourie

Ashton Jevu

Hendrik Viljoen

Iwann M van Staden

William Lourens

Christo Smit

FRANCHISE OWNER Greg & Tracey White
FRANCHISE MANAGER Kirsten White
ASSISTANT MANAGER Mel Cliff



PANTHERS

U16 Boys

COACH: Callum Osborne

Georg Wolhuter GK
Ryde Brisset
Tyrique Cloete
Keegan De Jager
Nicolas Ackerman
Mesuli Msomi
Bo Mokoena
Bhavesh Naicker
Jonty Wiggett

U18 Boys

COACH: Blair Thompson

Reece Manicom GK
Aldridge Maasdorp
Matthew de Oliveira
Jaimie Fisher
Ross Hofmann
Owen Slack
Trent Jessop
Liam du Rand
Thomas Mckenzie

U16 Girls

COACH: Richard Pentecost

Alexis Lotter GK
Codie Bestbier
Morgan Nel
Zezethu Kunene
Ella Bowyer
Jamie Da Silva
Nicola Forbes
Gabi Howarth
Caprice Bengtson
Georgi Brown

U18 Girls

COACH: Greg White

Isabella Borrajeiro GK
Ruby Kraus
Tara Pakendorf
Jenna Chessa
Elizabeth Anderson
Christy Dorfling
Cassandra Forbes
Emily Macquet
Georgia Pollock



FRANCHISE OWNER Greg & Tracey White
FRANCHISE MANAGER Kirsten White

TIGERS

U18 Boys

COACH: Dylan Palavar

Cyrus Hendricks GK
Rocco Amos
Merrick Beetge
Siyanqoba Bhengu
Matthew De Klerk
Maximilian Stainforth
Luyanda Mbokazi
Tanda Ngejane

U16 Girls

COACH: Scott Drew

Enyenhle Nzama GK
Anna Angelopoulos
Mia Howie
Skyla Bell
Sarah Goodspeed
Mackenzy Layden
Kirsten Moffat
Olivia Verster
Erin Wilson

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